

CENTENNIAL MENTAL HEALTH CENTER, INC

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being.



Substance Use Disorder Services

Substance abuse is the overuse and dependence on a drug or chemical which causes adverse impacts on social, personal, and professional well-being to persons throughout the lifespan.

Out-Patient Services include individual and group therapy, crisis and emergency services combined mental health and substance abuse treatment.

Dialectical Behavioral Therapy (DBT) Skills training provides the tools and coping skills to deal with emotions in healthy and positive ways in order to “reason correctly”.

Level II Education is for individuals who have been charged with a DUI or DWAI. Level II Education is exclusively for consumers in this category. This program consists of 24 hours of manual driven Alcohol and Other Drug (AOD) Education.

Level II Therapy is for individuals charged with two or more DUI or DWAI or are charged with a high BAC level. This program is divided into Tracks—A,B,C,D depending on how many DUI's have been received or the level of the BAC.

Minors in Possession Treatment is for any individual under the age of twenty-one (21) who possesses or consumes alcohol anywhere in the state commits illegal possession or consumption of ethyl alcohol by an underage person. The penalties for MIP vary, depending upon prior offenses.

Relapse Prevention is for individuals charged with or have problems with alcohol or other drugs. This program is a minimum of 20 classes dealing with reduction of recidivism learning healthy coping skills, and learning positive alternatives to using.



Specialized Women's (SWS) Treatment

Centennial offers gender specific treatment services to address the specific and unique needs of women in substance treatment.

Special Connections is a component of the SWS treatment program designed to support women concerned about alcohol and other drug use during and after pregnancy. Our program is dedicated to the prevention of low birth weight babies exposed to alcohol and other drugs during pregnancy and to promoting a healthy family life.

Strategies for Self Improvement and Change (SSIC)

is a program of self-improvement and change for the person who has a past of criminal conduct together with alcohol and other drug use problems. This program is built on a cognitive-behavioral approach. The program is 52 weeks in length and has a comprehensive participant manual, which outlines the goal, objective and activities for each session.

Women's Group

is a co-occurring mental health and substance abuse group that addresses issues specific to women such as healthy relationships, trauma and abuse, as well as mental illness, diagnosis and symptoms.

Our Motto: Helping communities change— one life at a time.