

CENTENNIAL MENTAL HEALTH CENTER, INC

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being.



Transition to Independence Process (TIP) System

Lighting the Way to Independence for Youth and Young Adults

TIP is a service designed to provide support and guidance to individuals embarking on the exciting journey from adolescence to adulthood.

TIP Facilitators work with young people, guiding them as they identify life-goals, develop supportive relationships, and make decisions about jobs, schooling and independent living. Families can participate too! The TIP program is used nationally and has shown to be very effective in improving real-life outcomes for youth and young adults with emotional/behavioral difficulties.

TIP Focuses on These Topics:

- Jobs
- Schooling
- Living Situation
- Problem-Solving
- Health and well-being
- Community Life



For More Information Contact:

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Our Motto: Helping communities change— one life at a time.