

CENTENNIAL MENTAL HEALTH CENTER, INC

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being.



Tele-Health Services

What is Telehealth and why does Centennial offer it?

Centennial Mental Health Center utilizes state of the art Interactive Video Conferencing (“Telehealth”) technology throughout our ten county region to afford our clients greater and more timely access to care. Some of the services offered using this technology include:

- Intake Appointments for Mental Health and Substance Abuse Treatment
- Psychiatry Appointments
- Benefits Acquisition Services
- Psycho-educational Groups

Telehealth technology provides for our clients greater access to a variety of professional staff -- a client in Yuma can meet with our Psychiatrist located in Sterling.

Telehealth services may reduce the need for clients to travel long distances -- a client in Limon can join a treatment group being held in Elizabeth.

Telehealth enables clients to be seen more quickly for an initial “Intake” appointment -- a client in Wray may be scheduled within 24 hours for an Intake appointment with a clinician located in Ft. Morgan

How Does Telehealth Work?

Telehealth technology utilizes highly sensitive cameras, microphones and projection/computer screens to transmit both video and sound from one office location to another. You will attend your session at the Centennial office in your community. A staff person will escort you to a private treatment room, and will demonstrate for you how the equipment works, and answer any questions you may have. This staff person will leave the room, and you will then “connect” with a Centennial treatment provider located in a remote office via the video conferencing equipment. You and the treatment provider will see and hear each other clearly, almost as if you were in the same room! Your treatment session will be completely private and confidential. Because Centennial also uses an Electronic Health Record, your treatment records are immediately available to professional staff located in a remote office.

Do I have to participate in Telehealth services?

No. Telehealth is a convenient service option for many people, but at any point in your treatment you can choose to be seen by a treatment provider in person instead. You may have to wait a bit longer to be seen and/or may have fewer program options from which to choose.