

CENTENNIAL MENTAL HEALTH CENTER, INC

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being.



Youth and Family Services

Out-Patient Services include individual, group and family therapy, crisis and emergency services combined mental health and substance abuse treatment.

Anger Management program teach highly effective anger management skills and techniques via individual and/or anger management groups, where the client is provided a safe supportive environment that enables them to learn.

Animal Assisted Therapy/Activities (AAT/AAA) is used to improve emotional, cognitive, social and physical functioning as well as to provide an opportunity for consumers to experience the unconditional positive regard that only an animal can provide.

Early Childhood Mental Health Services for children ages 0-5, provides consultation services to families, early care and education providers; outreach and cross-systems program development and implementation. The program promotes children's social and emotional development using the Pyramid Model and focuses training on caregivers of children, including parents, foster parents, home child care providers, infant/toddler/preschool teachers, Head Start and home visitation programs.

HB 1451 Collaborative Management Programs. While not formalized in all 10 counties, all function under this type of collaborative plan to the benefit of all. This collaboration promotes coordination and assistance in the planning of service delivery activities including, but not limited to, program collaboration and integration, cross systems training, grant writing support, fund development assistance and identification of community need.

Mentoring is an evidenced based practice. The purpose of the mentoring program aims to provide structured and trusting relationships that bring young people together with caring individuals who offer guidance, support and encouragement.

Parenting with Love and Limits (PLL) program, founded by Dr. Scott Sells provides parents and professionals with a step-by-step parenting approach that can be easily applied. Centennial is able to provide this program by being a certified Center of Excellence by the Savannah Family Institute.

Play Therapy is an evidenced based treatment modality with children ages 3-11 and provides a way for them to express their experiences and feelings through a natural, self-guided, and self-healing process.

Senate Bill 1994 Case Manager. A uniquely integrated collaborative partnership that has been formed with in the 13th Judicial District SB94 structure as Centennial employs the SB 94 Case Manager for Logan, Phillips, Sedgwick and Yuma Counties. This individual serves as the point of contact for the 13th Judicial District juvenile case management services and supervises youth under bond and/or court ordered pre-trial services.

Transitions to Independence Process (TIP) model is an evidenced and strength based program developed to engage youth and young adults (14-29 years old) with emotional/behavioral difficulties. The seven transition domains of TIP are: employment, career building, education, living situation, personal effectiveness, well-being, and community life functioning.