

# CENTENNIAL MENTAL HEALTH CENTER, INC

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being.

August 1, 2014

## August

10 - 16

**National Health Center Week**  
National Association of Community Health Centers

[www.healthcenterweek.org](http://www.healthcenterweek.org)

## Word of the Week

### **bailiwick**

(BAY-luh-wik, -lee-)

*noun:* A person's area of expertise or interest.

From Middle English bailliwik, from baillie (bailiff), from bail (custody), from Latin baiulare (to serve as porter) + Middle English wick (dairy farm or village), from Old English wic (house or village), from Latin vicus (neighborhood). Ultimately from the Indo-European root weik- (clan), which is also the forebear of vicinity, village, villa, and villain (originally, a villain was a farm servant, one who lived in a villa or a country house), ecumenical, and ecesis.

Earliest documented use: 1460.

# The CenterLine



**CMHC Compliance Moment**



**It is not just paperwork, it is Critical Information:**

Clinical documentation is not just "paperwork", it is critical information that your colleagues, other Health Care Professionals, Courts, Departments of Social Services and others need to make life changing decisions in the lives of clients we serve. If the service was provided and the documentation was not completed, it is a very serious matter that can affect your license to practice and create a "payback" to the person or agency that paid for the service. It is simple do the service, document the service, get in the habit of closing your door at the end of the day knowing that all of the work for that day has been completed!!

CMHC Compliance Department: Spencer Green, Compliance Officer:

(970) 522-4549 Office, (970) 580-1319 (Cell) or email at [Spencerg@centennialmhc.org](mailto:Spencerg@centennialmhc.org)

## Welcome ~

Pictured left to right:

- Central Region  
Natasha Breidenbach, Mentor  
Nicole Miller, Case Manager  
Warren Fenn, Paid Peer Specialist  
Jonathan Perez, Office Asst.  
-North East Region  
Elyse Glunt, Office Asst.  
Ashley Ortega, Office Asst.  
Jessica Flora, Crisis Response Specialist



"There are some enterprises in which a careful disorderliness is the true method."

~ Herman Melville



# AUGUST 2014

Theme: Friendship

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1 Artist Appreciation Month</b> Donate old business letterhead & other paper to school's Art Department.	<b>2 Friendship Day</b> Host a sleepover for your friends.
<b>3 Bake someone a cake.</b>	<b>4 Give hugs and high fives generously.</b>	<b>5 National Clown Week</b> Wear a foam red ball on your nose.	<b>6 Return emails promptly.</b>	<b>7 Talk with the sales clerk.</b>	<b>8 Share a snack.</b>	<b>9 Renew a friendship.</b>
<b>10 Don't Wait – Celebrate! Week</b> Throw a surprise party for a friend or coworker!	<b>11 Play In the Sand Day</b> Fill a kiddie pool with sand.	<b>12 Share a pitcher of iced tea with your neighbors.</b>	<b>13 International Left-Handers Day</b> Make signs for your friend to wear, "Lefties are smarter!"	<b>14 Make a new friend.</b>	<b>15 National Relaxation Day</b> Turn off the TV. Read or do a puzzle instead.	<b>16 Help an unemployed friend.</b>
<b>17 Complain less.</b>	<b>18 Give a friend an apple.</b>	<b>19 Leave change in the vending machine.</b>	<b>20 Write a thank you note to a friend.</b>	<b>21 Ask if you can help.</b>	<b>22 Make blankets for the homeless.</b>	<b>23 Play games together.</b>
<b>24 Make a friend's wish come true.</b>	<b>25 Touch a Heart Tuesday</b> Donate your blood or platelets.	<b>26 Share a book.</b>	<b>27 Pay for someone else's lunch.</b>	<b>28 Call or visit a sick friend.</b>	<b>29 Arrive on time.</b>	<b>30 National Toasted Marshmallow Day</b> Gather friends around a bonfire.
<b>31 Make kindness a priority.</b>						