



THE CENTENNIAL BRIEFING



CHEYENNE • ELBERT • KIT CARSON • LINCOLN • LOGAN • MORGAN • PHILLIPS • SEDGWICK • WASHINGTON • YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

EVENT COMING SOON

HOUSING PRESENTATION

6th Annual MOTIVATE⁴ MENTAL HEALTH

COMMUNITY / ACTIVITY / NUTRITION / AWARENESS

Learn About **4** Ways To Motivate
Your Mental Health

Monday, May 2nd, 2022
12:00 pm - 6:00 pm

Sterling Courthouse Square

EVERYONE IS INVITED!!

PERFORMANCES BY:

Sterling High School Jazz Choir
RE-1 Valley Children's Chorale
Caliiche High School Music Students

...and possibly some other
surprise performances.

SNACKS & FOOD:

Various snacks at booths

Discounts at restaurants
in the downtown area

GAMES FOR KIDS & ADULTS:

Sources of Strength Games
Bowling
Giant Jenga
Cornhole
Kan Jam
Ladderball
And Much more!

INFORMATION AND MATERIALS:

Mental Health
Prevention
Pregnancy related depression
Housing/Homelessness/Supported Employment
Early Childhood Education
Community Resource Connection
Man Therapy
and much much more...

This event is brought to you by:



Because Mental Health Matters

Centennial Mental Health Center

Housing Programs

April 2022

Presented by Kirstin Schelling
Housing & Supported Employment
Program Manager

Centennial's Housing Programs

- Fourth Street House
- Housing Choice Voucher Program (HCV)
- State Housing Voucher Program (SHV)
- Project for Assistance in Transition from Homelessness (PATH)
- Financial Assistance Programs
- Upcoming Opportunities

Last week Kirstin Schelling, Housing and Supported Employment Program Manager, gave a presentation for Northeast Health Partners' Health Neighborhood Forum. She presented on Centennial's Housing Programs.

Fourth Street House, Sterling, CO

- 10 Unit, single occupancy facility for disabled individuals 18 years of age and older with a primary mental health diagnosis, who are able to live independently yet need protective oversight.
- Housing is offered in conjunction with case management on-site tenancy support services.
- HUD 202/8 property, where rent is based on the tenant's income



Kirstin Schelling

EVENT COMING SOON

OVERCOMING ADDICTION TOGETHER

APRIL 30, 2022
8AM - 4PM

Working together towards understanding the disease of addiction and facilitating harm reduction and treatment.

This **NO COST** Workshop is for community members, healthcare professionals, social workers, students and concerned loved ones.

Where is Your Brain Living Most Of The Time?
Focus on brain functioning and how trauma and other factors influence our physical and mental health
Maranda Miller, Suicide Prevention Specialist

Substance Use Disorders How To Identify When Help Is Needed Dawn Williams, MA, LPC, CADC	The Opioid Crisis The 4th Wave
Medication Assisted Treatment	Harm Reduction and Naloxone Training
Peer Recovery	Safe Drug Disposal

LOCATIONS

MCC Fort Morgan: In-Person Workshop
NJC Sterling: In-Person with Virtual Stream
Burlington: In-Person with Virtual Stream
Greeley: In-Person with Virtual Stream
Individual Virtual Zoom Option

Register

Presented by Centennial Area Health Education Center
contact@cahec@gmail.com (970) 330-3608
www.cahec.org

REMINDER: CRITICAL INCIDENTS

we are required to report Critical Incidents to the agencies that license the Center. We are required to report Critical Incidents within 24 hours of when the incident occurs or within 24 hours of when we become aware of the incident. Please once again review the criteria below of when a Critical Incident is required.

To file a critical incident please open Centennial's SharePoint site and click on Incidents, scroll down and on the left hand side of the page you will notice "Reporting Forms" please click "Critical Incident" form. The site is at: <http://sharepoint1/Incidents/SitePages/ReportCritical.aspx>

Critical Incidents should be considered in any significant event, or condition of a public concern that may jeopardize the health, safety, and/or welfare of staff and/or clients.

Critical incidents include, but are not limited to the following:

1. Death of an OPEN client for any reason including accident, suicide, murder, assault and natural causes.
2. Death of anyone in CMHC Facility or Vehicle.
3. Death of a staff member while on duty.
4. Accidents that occur at the facility, or in center vehicles.
5. Suicide attempts by clients resulting in injuries that require medical attention.
6. Assaults occurring at the facility that result in summoning of law enforcement.
7. Abuse, neglect or exploitation of clients at any facility operated by the CMHC, or while involved in center activities that result in investigation by law enforcement, or social services agencies.
8. Fire or major destruction of center property.
9. Theft or loss of controlled substances prescribed for clients and dispensed, administered, and/or monitored by the center.
10. Missing client or resident of the center if there are concerns that the health, safety, or welfare of the person is at risk.
11. Actions of staff that are significant ethical, moral or legal violations.
12. Other incidents that are deemed to be of a critical nature by the supervisor, staff member or management team including emergency or screening services.
13. Threats to CMHC property, vehicles or staff.

MENTAL HEALTH WEBINAR SERIES

The U.S. Department of Housing and Urban Development's (HUD) Office of Public and Indian Housing (PIH) and the U.S. Department of Health and Human Services' (HHS) Substance Abuse and Mental Health Services Administration (SAMHSA) are teaming up to present a series of FREE webinars this May to celebrate National Mental Health Awareness Month! The webinars will take place each Wednesday in May from 1:00–2:00pm (ET). Click titles to register.

Mental Health 101 – Overview of Mental Health Issues in the Modern World - May 4, 2022

This is an introduction and general overview of mental health issues post COVID-19. This first webinar of a 4-part series will feature speakers from SAMHSA and HUD, as well as HUD mental health practitioners. | Access Code: 4670871#

988 is Not a Joke – National Suicide Prevention Hotline Launch - May 11, 2022

Introducing SAMHSA's new Suicide Prevention Hotline (988). The webinar will also address suicide prevention for youth and the BIPOC community, in addition to touching on substance use. Access Code: 8477433#

Get Help – Reducing Stigma Associated with Mental Health - May 18, 2022

SAMHSA and HUD will focus on reducing stigma associated with mental health, to encourage those with potential mental health issues to seek professional help. This webinar will also concentrate on the BIPOC community, addressing stigma specific to these populations. | Access Code: 5955873#

Now What? – Mental Health Issues in Post-COVID America - May 25, 2022

This webinar will discuss how to handle and move past multiple co-occurring pandemics, using a mental health focus on substance use disorder, housing, work, education, and transportation among other relevant topics. | Access Code: 6268721#