THE CENTENNIAL BRIEFING



Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

JOURNEY CORNER

My name is Laura Otter (like the sea otter) and I am the new youth/family case manager here at Centennial.

I am passionate about all things mental/behavioral health. Mostly, however, I am interested in conducting research (it is something I want to do in the future), and, weirdly enough, I am mostly interested in qualitative research (research that deals with statistical analysis and numbers). Once I complete my Master of Arts in Clinical Mental Health Counseling, I want to move on to Clinical Psychology (PhD). Although this path requires a lot of schooling and time, I love learning and school, so it is not a route I am dreading. After all of my schooling, I want to be in both worlds of mental health- the practicing world and the research world. Lastly, I am most interested in working with youth. I was involved with my very own youth group

when I was a teen, and it was the most transforming experience of my life. I hope that I can extend this experience to the youth of Centennial.

Here are some fun facts about me that are not related to mental health:

- -I love all things beauty! It's one of my most advanced hobbies
- I love all colors as long as they are pastel
- I have an obsession with smelly-good things
- Technology has always been, and will always be my bestest friend! I love all things tech

July 11th – 15th

MONDAY
Homemake Chicken For Pie

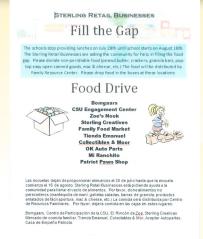
TUESDAY
Tace Bar with Chipn and quae

WEDNESDAY
Mystery Chef and Meal

THURSDAY
Pouluck with staff

FRIDAY
Slappy Jose's with chips

FOOD DRIVE BOX IN STERLING



Shown to the left is a flier explaining a food drive taking place in the Sterling community for school-aged children.

The Sterling Centennial Clinic also has a box for donations if anyone would like to offer any goods to the drive. For any questions contact Jose Guereca at JoseG@CentennialMHC.org.

THANK YOU TO CENTENNIAL



Just a note to let Centennial know we love our shirts and say thank you. From- The Burlington Girls

STAFF APPRECIATION

My acknowledgment and appreciation to James DeRozario, Corinne Raffaeli, Alicia Lopez and Respite Staff: your diligent caring for our patient over the long July 4th weekend reveals a solid work ethic. Monitoring his Vital Signs twice daily provides certainty about his baseline cardiac functioning seldom seen in a residential setting. Thank you very much!

Paul Freda, M.D., Medical Director

The menu for this week is pictured above.

JULY ANNIVERSARIES

JUNE NEW HIRES



SPENCER **GREEN**



23 YEARS **TIFFANY NICHOLS**



15 YEARS **PATRICIA PAYNE**



ABBI **GARCIA**



BRENDA APPELHANS Office Coordinator Sterling



KAYDEE BARKER Admin Assistant Community Resources



LIZ CLAUSSEN Peer Specialist Burlington



WARREN **FENN**



8 YEARS JON PEREZ



BONNIE HOLZSCHUH



JAMIE MONDRAGON

JAMES DEROZARIO Mental Health Worker Respite



Peer Specialist Fort Morgan

WELCOME We are glad you are here!

PREVENTION IN THE COMMUNITY



LAURA OTTER Youth & Family Case Manager Sterling



5 YEARS KE-ANNA **MYERS**



5 YEARS **AMY NATION**



4 YEARS **DONNA** HOLLAND



4 YEARS DIANA RIOS





LEAH **BROWN**



3 YEARS PHIL SPAULDING



3 YEARS **TASHA FISHER**



1 YEAR **ABBY DAVIDSON**



League).

house. Due to the suicide of a musician due to play, organizers saw a definite need to have the team there. The team reported they had a great time and said they had so much traffic to their booth which was encouraging. They also recently participated in an event called Mediums for Mental Health that was in collaboration with LOCAL (Logan County Arts

The Prevention team was recently invited to the

yearly July Jamz event at the Logan County Court-



1 YEAR **MELISSA** BAEZ



KATIE ВОЕНМ



NOEY LOPEZ



STACY MAIER



1 YEAR **JOHN** MERCER

THANK YOU to everyone for all your years of service and for continuing to move lives forward!





HENRY FLANNERY