



# THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

*Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being*

## NURSES WEEK - MAY 6<sup>TH</sup>-13<sup>TH</sup>

## EVENT RESCHEDULED

Please join us in congratulating Laura Breidenbach, Cheryl Dillon, Luz Fierro and Tammy Smith on a job well done and send them your thoughts of appreciation in honor of National Nurses Week.

National Nurses Week begins each year on May 6th and ends on May 12th, Florence Nightingale's birthday. Just as Florence dedicated her life to the treatment of the sick and frail, Centennial's nursing staff are dedicated to the well-being of the clients served. Centennial is fortunate to have a team of Nursing/MA staff with 40+ years of experience providing a vast array of services including, but not limited to:

- Medication and injection: education, administration, follow up and refills in coordination with the client, med provider, pharmacy and insurance company
- Coordination of medical orders and all aspects of medication management
- Client outreach and follow up as requested by med providers to identify changes in symptoms and monitor client's condition

Their excellent communication and de-escalation skills are put to the test each day as they support the clinical functions of the Med Providers and act as liaisons to outside agencies and providers to ensure continuity of care. They also provide Medical Case Management and other clinical/nursing interventions in a variety of settings including client's homes and in office.

The word cloud below is a compilation of words submitted by the Medical Providers and Support Staff when asked to describe the nursing team and is an excellent visual representation of the characteristics these individuals bring to work with them each day.

*Thank you Laura, Cheryl, Luz and Tammy!  
You make a difference!*



Laura



Cheryl



Luz



Tammy



## 6<sup>th</sup> Annual **MOTIVATE<sup>4</sup>** **MENTAL HEALTH** COMMUNITY / ACTIVITY / NUTRITION / AWARENESS

Learn About **4** Ways To Motivate  
Your Mental Health

**RESCHEDULED for May 16<sup>th</sup>!!!**

Monday, May 16<sup>th</sup>, 2022

12:00 pm - 6:00 pm

Sterling Courthouse Square

**EVERYONE IS INVITED!!**

### PERFORMANCES BY:

RE-1 Valley Children's Chorale  
4:00 pm  
Sterling High School Jazz Choir  
4:30 pm  
...and possibly some other  
surprise performances.

< < **BRING YOUR  
LAWN CHAIRS!**

### GAMES FOR KIDS & ADULTS:

Sources of Strength Games  
Bowling  
Giant Jenga  
Cornhole  
Kan Jam  
Ladderball  
And Much more!

### SNACKS & FOOD:

Various snacks at booths  
Discounts at restaurants  
in the downtown area

### INFORMATION AND MATERIALS:

Mental Health  
Prevention  
Pregnancy related depression  
Housing/Homelessness/Supported Employment  
Early Childhood Education  
Community Resource Connection  
Man Therapy  
and much much more...

*This event is brought to you by:*



*Because Mental Health Matters*