



Centennial Mental Health Center (CMHC) is a non-profit organization dedicated to providing the highest quality comprehensive mental health service to the rural communities of Northeastern Colorado.

MISSION

To achieve excellence in the provision of behavioral health services and well being.

BELIEFS

We believe in the preservation of human dignity, self respect and client rights. Clients are our highest priority and best served through collaboration.

FOR MORE INFORMATION CONTACT:

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Our mission is to achieve excellence in the provision of behavioral health services that leads to optimal health and well being.

WWW.CENTENNIALMHC.ORG

Centennial is an equal opportunity provider and employer.
Centennial Mental Health Center es un proveedor y una empresa de igualdad de oportunidades.



JOURNEY POINT RESPITE

1112 N 4th St
Sterling, CO 80751



JOURNEY POINT RESPITE

WHAT DOES JOURNEY POINT LOOK LIKE:

A residential setting that provides a safe alternative to hospitalization for those experiencing a mental health crisis.

The program is staffed 24 hours and is complete with a Program Manager and Case Managers.



We have a capacity for 6 residents, 2 bathrooms, kitchen, laundry room.



RESPITE SERVICES:

The following services are offered at Respite:

- Development and implementation of a care plan
 - Monitoring safety, well being
 - Skill building
 - Action Planning Prevention for Recovery
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- Daily reassessment
 - Coordination of continuing care
 - Discharge planning and transitioning
 - Acudetox
 - Arometherapy
 - Medication Management

JOURNEY POINT RESPITE GUIDELINES:

- ERT assessment is needed to determine if appropriate
- Does not meet 27-65 criteria for hospitalization
- Low to medium risk for hospitalization
- Able to follow Respite guidelines
- Has no health conditions requiring skilled nursing care
- Is not under the influence of alcohol/drugs
- Compliant with directions and instructions
- Able to maintain ADL's and physical health independently
- Does not pose a threat to the safety of other clients or staff

