



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

JOURNEY ATTENDS NAMI PICNIC



The Sterling Journey traveled to Greeley to attend a regional NAMI picnic. Attendee's renewed their developing friendships with colleagues from Frontier House and Spirit House. Everyone was pleased to meet three staff from NAMI Colorado. Lengthy discussion was had with NAMI Colorado on the process for establishing a NAMI chapter in Sterling.



If you happen to be unfamiliar with NAMI, they are "...the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness." NAMI focuses on educating, advocating, listening, and leading. Everyone in attendance agreed, Sterling needs a NAMI chapter.



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Garry L. Landreth, LPC, RPT-S, internationally recognized for his writings and work in promoting the development of child-centered play therapy, is a Regents Professor Emeritus in the Department of Counseling and founder of the Center for Play Therapy at the University of North Texas. Dr. Landreth is a frequent speaker at play therapy conferences around the world. His more than 150 journal articles, books and videos include the 2014 DVD CPRT In Action: Four Couples In A CPRT Group, and the 2012 3rd edition of his award-winning book Play Therapy: The Art of the Relationship. Dr. Landreth's other recent books are Child Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model and an accompanying Child Parent Relationship Therapy (CPRT) Treatment Manual. His CPRT Model received the 2010 Best Practices in Parent/Family Education Award. Dr. Landreth is Director Emeritus of the Association for Play Therapy (APT). He received the APT Lifetime Achievement Award, the APT Research Award, and the Virginia Axline Distinguished Professional Award for his work in conceptualizing and advancing the child-centered approach to play therapy. Dr. Landreth is an Honorary Visiting Professor at the University of Roehampton in England.

PLAY THERAPY WORKSHOP TRAINING



Wednesday, August 22, 2018 we had a training in Fort Morgan with Dr. Garry Landreth, "Healing the Hurting Child: The Necessary Dimensions of Child-Centered Play Therapy." Pictured with Dr. Landreth below are Centennial staff Kristal Watson, Shauna Scarano and Tamara McNay.

The workshop focused on the perceptual world of the child, the dynamic elements of the relationship that facilitate the play therapy process, structuring the relationship in the playroom, "reading" themes in children's play, the four healing messages needed by a child who is hurting, helping children develop self-control and self-responsibility, the ACT model of therapeutic limit setting, the language of facilitating change in children, guidelines for selecting appropriate toys and materials and a conceptual model of the process of change in play therapy.

Workshop activities centered around spontaneous demonstrations by Dr. Landreth dealing with specific problems in the play therapy experience, critique of video tapes of Dr. Landreth's play therapy sessions and the art expressions of Ryan, a child who was dying.

Following the workshop, participants were able

- identify four healing messages needed by children
- identify the three steps in therapeutic limit setting
- identify essential dimensions that facilitate change in children
- identify the characteristics of themes in children's play



CENTENNIAL CALENDAR

CONNECT WITH US

SEPTEMBER

13th - Board of Directors Meeting, Limon, CO

19th - New Employee Orientation, Sterling Admin



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