



# THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

*Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being*

## MENTAL HEALTH SUPPORTED EMPLOYMENT

### BUILDING BRIDGES BETWEEN EMPLOYERS AND POTENTIAL EMPLOYEES

Centennial Mental Health Center has been helping people with disabilities find and keep jobs, while at the same time providing employers with access to motivated employees through the Mental Health Supported Employment (MHSE) Program. In January 2018, Centennial began utilizing the Individualized Placement and Support (IPS) evidence based program, with proven results that have the specialists meeting with clients out in the community (if they desire), the client experiencing rapid job exposure within the first 30 days of contact, increased client contact, to include anything from job exploration/development, job support/coaching, transportation and on-going support after they have maintained job stability. The employment specialists also attend agency clinical meetings, including being assigned to different teams such as ACT.

## WELCOME AUGUST NEW HIRES

CANNA O'CARROLL	MHP 2	Elizabeth
YU-TING (STEPHANIE) CHING	MHP 2 DUAL	Fort Morgan
ROBERT RIEB	MHW 1	Respite
BRITTNEY LUMPKIN	MHP 2	Limon
SUZIE SONGER	MHP 2	Fort Morgan
CHELSEA MEININGER	MHP 1-SUD	Fort Morgan
FRANCESCA NELSON	MHP 1-Case Manager	Sterling
SHANNON PARKER	MHP 1- ECS	Sterling
AMBER DOLOBACS	OA I	Limon



In FY 1718, Centennial's MHSE's served 111 clients and 15 maintained successful employment. A couple of successes are documented in the following stories.

Jessica's client was eager to work in the field of customer service, passionate about what they wanted to do and was reliable in keeping appointments, these were many positive attributes that demonstrated the client could be a good employee, yet they struggled with social anxiety and had lost a job previously because of the anxiety. Jessica worked with her client for nearly seven months providing job exposure/development and role playing, Jessica found the client a job at Domino's Pizza. The client began their job as a delivery driver and has been successful ever since, including a raise after three months of employment. [Continued article >>>>](#)

Jamie's client was on the verge of losing their home and was unable to pay most of the family bills. The client had a history of being a mechanic for most of their life, however was not able to continue in that profession due to physical disabilities. The client also experienced major depression. The client was not sure what type of employment they would be able to do. In meeting with Jamie, the client was able to narrow down their goal of obtaining their CDL license. With her guidance and the resources the Division of Vocational Rehabilitation was able to provide, the client was able to complete their CDL certification with flying colors. Shortly thereafter, the client was offered a full-time position with Navajo Express trucking company.

The position offered full-time hours, health insurance and retirement. The client has been able to catch up on their mortgage payment and provide their family with health insurance that they had not been able to previously afford.

For more information about MHSE in your area contact: Debra Giles (Logan, Phillips & Sedgwick Counties); Phyllis Abreo (Morgan & Washington Counties); Jamie Mondragon (Yuma, Kit Carson & Cheyenne Counties); Jessica Porter (Elbert & Lincoln Counties).



DEBRA

PHYLLIS

JAMIE

JESSICA



## SEPTEMBER ANNIVERSARIES

### 14 YEARS

Lorie Hessler

### 8 YEARS

Becky Greenwood

### 7 YEARS

Noey Lopez

### 4 YEARS

Laurie Mahar

Jerrald Smith

Renda Kelsch

### 3 YEARS

Rebecca Lister

### 2 YEARS

Janet Larrick

Calli Tucker

### 1 YEAR

Chani John

Kara Moulton

Tim Nesbitt

Dale Solano

Emily Morris

## THANK YOU

to everyone above for all your years of service and for continuing to move lives forward!

## PREVENTION IS BACK-TO-SCHOOL



The Prevention Team has been hard at work this entire month! The team decided school registrations and Back-to-School nights would provide a unique opportunity to make connections and educate parents, teachers, and students. The team set up informational booths at these events and took surveys to assess students' and parents' knowledge on suicide, mental health, and substance use. While

covering 36 school districts within our ten counties was no easy feat, the team was able to cover nine of the ten counties, collect data from 657 respondents, and educate 19 different school communities. These interactions have proved quite fruitful for the team and they are all starting the school year off with many trainings and support in place. If you have questions about the Prevention Teams services please reach out to: [Prevention@CentennialMHC.org](mailto:Prevention@CentennialMHC.org)

## SAFETY TALK



This week our amazing Maintenance guy in the Sterling office, Tim Peake took some time out of his day to show some staff how to properly change a tire. The attention was brought to the Prevention Team as one individual was traveling very late one evening back from a training. She was thinking...IF perhaps something



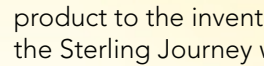
happened would I properly know how to change a tire if need be? Tim graciously offered to then show staff the correct way, but also reintroducing the emergency kit provided in the back of each Centennial car. Thanks Tim!

## JOURNEY IS STAYING BUSY

The Sterling Journey continues to prepare for their fundraising booth at Sugar Beet Days. As clients practice meaningful work, crafts items to sell are steadily appearing. Tie dye shirts



are among the latest creations. In the days before Sugar Beet Days flavored friendship bread will be baked to add the last level of



product to the inventory. Also recently the Sterling Journey went to the Club-



house Colorado Annual Picnic at Mountain Park in the Poudre River Canyon. They laughed, hiked, grilled, enjoyed a drum circle, and had a business meeting with colleagues from Frontier House (Greeley), Spirit House (Fort

Collins), and the Oasis (Colorado Springs).



Colleagues shared personal stories of gaining skills for recovery, finding meaningful work by following the work ordered day, and even of advocating



at the Colorado Statehouse in front of the Senate. Sterling Journey colleagues expressed a strong desire to begin the Clubhouse Model



sooner than later. We look forward visits from Leaders at Clubhouse International who stand at the ready to assist in all aspects of becoming and accredited Clubhouse.



## CENTENNIAL CALENDAR

### SEPTEMBER

13<sup>th</sup> - Board of Directors Meeting, Limon, CO

19<sup>th</sup> - New Employee Orientation, Sterling Admin

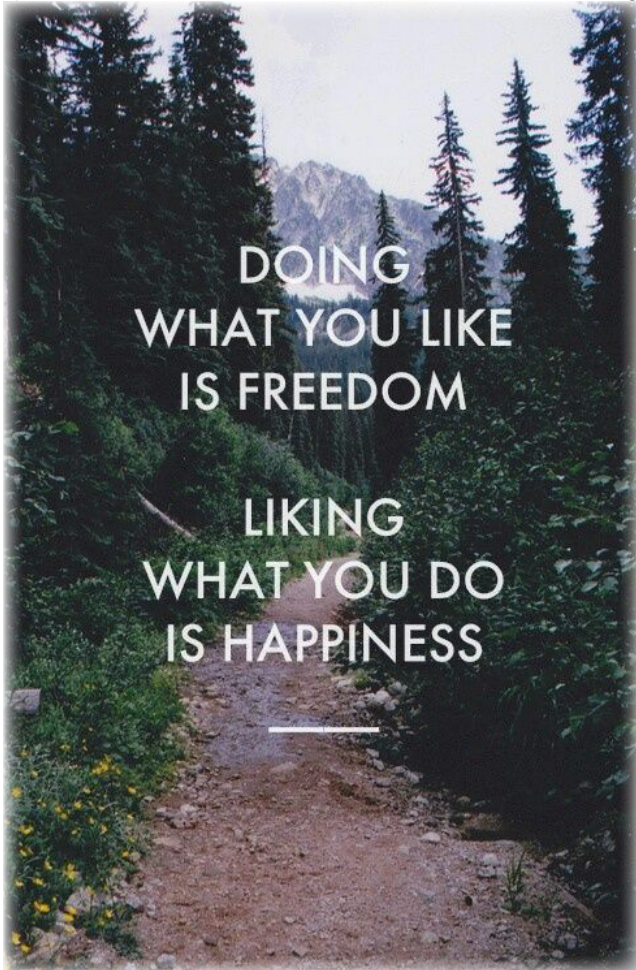
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DOING  
WHAT YOU LIKE  
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IS HAPPINESS