



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

A MESSAGE FROM HEAD GOOSE

Honk! A few weeks back, you all received an email on our Purpose Project, inviting you to share your own sense of "purpose" in your various roles at Centennial. We got a bunch of cool responses and you saw a few of them two weeks ago. Here's just a few more to get your OWN ideas flowing. If you haven't already sent yours to Liz or Jaci Yula please do so!

What's my
PURPOSE?

My role is to bring a smiling face to the room. My purpose is to give every person a sense of belonging and value.
Amanda Burns

I offer light in the midst of your storm.
Becky Greenwood

My purpose here is to encourage and support the hope that others have to reach their full potential. Jerrald Smith

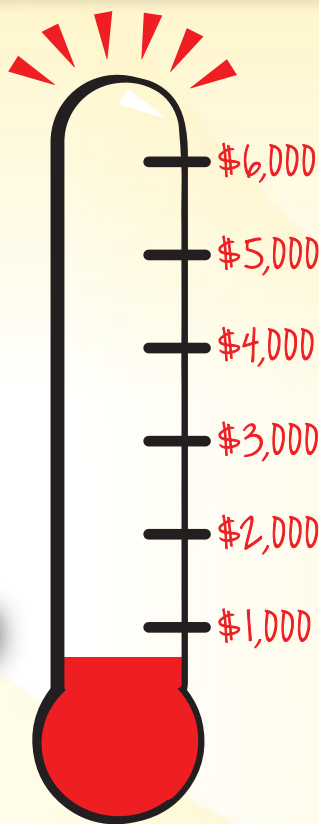
PREVENTION PRESENTS ASIST



October 23rd & 24th Maranda Miller, Prevention Services Program Manager and Andie La Combe, Prevention Specialist provided an ASIST training for Centennial employees and also

community members. The training was provided at our Journey Respite facility and 17 people were in attendance.

SEASONAL DONATION TRACKER



Centennial has actively been getting donations for Jeans for Joy 2018. Project Christmas Joy will also be soon to follow. The goal of our project, as you all know (from a previous email) is to raise \$6,000 in order to provide a happy holiday season for members in our behavioral health communities of Cheyenne, Elbert, Kit Carson, Lincoln, Logan, Morgan, Phillips, Sedgwick, Washington and Yuma counties that have limited resources, friends or family with which to enjoy the season. Any funds raised beyond the goal, may be set aside in order to be utilized at our discretion throughout the year for basic client needs such as hygiene products, hats, gloves, mittens, scarves or socks.

Keep in mind this is a project supporting OUR clients and a cause for what we ALL support working for Centennial! Help us to make this a wonderful Holiday season for our clients.

TRAIN THE TRAINER - POSITIVE YOUTH DEVELOPMENT



The week of October 22nd Community Resources Admin Assistant Nicole Herrera and Community Resources Specialist Jaci Yula went to Pueblo, CO to train to be Positive Youth Development (PYD) trainers for our 10 county region.

BE
mindful

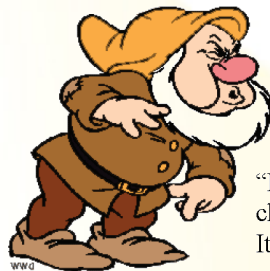
PREVENTION MONTH AT A GLANCE

The following is a Month at a Glance for our Prevention Team. Please let Maranda Miller know if you have any questions or would like more information about the prevention services they are providing this month. The Prevention Team's goal is to provide equitable services across the communities. We are also home to 36 school districts, who are at some level all aware of our Prevention services, but may not need or have time for them. If you would like to see the team more involved in certain communities and schools, please let Maranda know and she welcomes your help with making connections as well. MarandaM@CentennialMHC.org

PROGRAM	LOCATION	DATE	TIME	TRAINER
MHFA	Northeastern Junior College	Nov 12-13	5-9	Maranda
Botvin LST	Burlington Middle School	Nov 13	7:50-4:50	Susan
Botvin LST	Campbell Elementary	Nov 13	8-12	Kara
Botvin LST	Kit Carson School	Nov 14	11:30-1:30	Susan
Botvin LST	Otis School	Nov 14	8-2	Kara
Healthier Living CDSMP	Journey Point Respite	Nov 15	3-5:30	Cheri & Andie
Botvin LST	Beaver Valley Elementary	Nov 15	8-10:30	Kara & Chelsee
Botvin LST	Beaver Valley Elementary	Nov 16	8-10:30	Kara & Chelsee
Lunch & Learn	Idalia School	Nov 16	8:00-9:00 12:00-1:00	Susan
Botvin LST	Brush/Beaver Valley	Nov 16	8-11	Kara
Botvin LST	Beaver Valley Elementary	Nov 19	8-10:30	Kara & Chelsee
Botvin LST	Campbell Elementary	Nov 20	8-12	Kara
More Than Sad	Brush Middle School	Nov 27	8-14	Chelsee & Andie
Botvin LST	Campbell Caliche	Nov 27	8-12 1-3:30	Kara
Botvin LST	Burlington	Nov 27	7:50-4:50	Susan
Botvin LST	Otis Schools	Nov 28	8-2	Kara
Healthier Living CDSMP	Journey Point Respite	Nov 29	3-5:30	Cheri & Andie
Botvin LST	Beaver Valley Elementary	Nov 29	8-10:30	Kara & Chelsee
Botvin LST	Beaver Valley Elementary	Nov 30	8-10:30	Kara & Chelsee



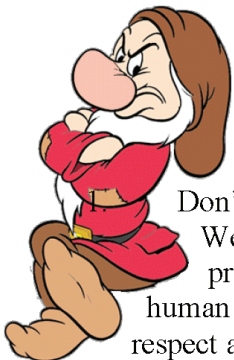
Be *Happy*...
We believe clients
are best served
through collaboration!



Be like *Sneezy*...
Spread the spirit of
"Helping communities
change, one life at a time".
It's contagious!



Don't be *Bashful*...
We are dedicated to
maintaining communications
with the public we serve and
participating actively in our
communities



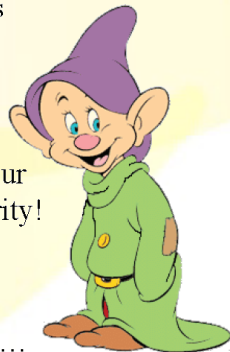
Don't be *Grumpy*...
We believe in the
preservation of
human dignity, self
respect and client rights!



Be like *Doc*... promote
optimal health and
well being!



Be like *Sleepy*...
Help clients realize
their dreams!



Don't be *Dopey*...
Clients are our
highest priority!