



# THE CENTENNIAL BRIEFING

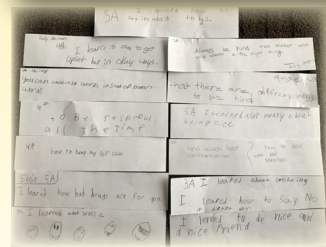


CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

*Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being*

## PREVENTION MOVING LIVES FORWARD

## SEASONAL DONATION TRACKER



Recently two of our Prevention team members finished up six weeks of the Botivn LifeSkills Program with elementary students in Brush and Sterling. These sweet messages remind us all that prevention really does work and that they are truly helping Centennial to "Move Lives Forward!" Of some of those messages here were more statements that were said by these elementary students:

### 3RD

- I learned what stress is
- I learned about smoking/I learned how to say no in different ways
- I learned to be nice and a nice friend

### 5TH

- I learned how bad drugs are for you
- Kind words beat confrontation/how to deal with bad situations
- I learned a lot mostly about being nice
- That there are different ways to be kind
- Always be kind no matter what and always do the right thing
- I learned how to say no to bad things

### 4TH

- To be respectful all the time
- I learned its okay to get upset in okay ways
- You can use nice words instead of mean words
- How to keep myself calm

### WAY TO GO LADIES!

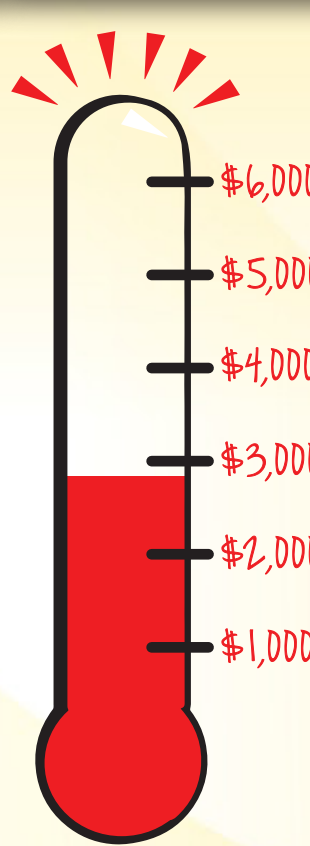
## DETAILED DONATIONS

\* **Businesses:** Pronghorn Country Ace Hardware, Chaney-Reager Funeral Home, Cargill, **Rural Communities Resource Center, Kellogg Ewing Leavitt Insurance Agency, Pilkington Financial**

\* **Community Members:** Lidia Dunbar- Haxtun, Ellen Cecil, **Nancy Mc Elwain, Liz Hickman, Bruce Heggen**

\* **Jeans for Joy all days:** Bonnie Fisher, Kathi Boren, Linda Valle, Tara Minardi, Brandy Cutshaw, Abbi Garcia, Heather Glover, Karla Rosas, Emily Morris, Maranda Miller, Sherri Davidson, Tim Davidson, Sheila Couch, Tiffany Nichols, Lorie Hessler, Jennifer Spaulding.

**More Jeans for Joy donations include:** Lidia Lara, Jackie Vasquez, Ally Kvachkoff, Jamie Cantrell, Amanda Burns, Michelle Lynn, Sarah Whitman, Toni Warnick, Kassidy Clouse, Karen Lanckriet, Gina Dardanes, Shannon Parker, Jaci Yula, LeeAnn Schroeder, Renda Kelsch, **Diane Van Der Wege, Alicia Lopez**



Centennial has actively been getting donations for Jeans for Joy 2018 and also Project Christmas Joy. As stated in Karla Rosas' previous emails and previous Briefings the goal of our project is to raise \$6,000 in order to provide a happy holiday season for members in our behavioral health communities of Cheyenne, Elbert, Kit Carson, Lincoln, Logan, Morgan, Phillips, Sedgwick, Washington and Yuma counties that have limited resources, friends or family with which to enjoy the season. Any funds raised beyond the goal, may be set aside in order to be utilized at our discretion throughout the year for basic client needs such as hygiene products, hats, gloves, mittens, scarves or socks along with emergency housing. Our thermometer

made a \$1,000 jump from the last Briefing to this week and we'd like recognize our donations that have brought us to this point.

**\*\*New donations each week are highlighted\*\* in green to the right**

### Donations include:

*Centennial Board Members - \$640 - Businesses - \$475*

*Community Members - \$775 - Jeans for Joy - \$990*

*Total as of Today - \$2,882*

*<<< A huge thank you to everyone so far!*