



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

PREVENTION IN OUR COMMUNITIES



Friday, February 8th, Prevention Specialist, Kara Moulton, and Prevention Program Manager, Maranda Miller trained Limon School staff in Youth Mental Health First Aid. 53 individuals

were in attendance.

DETR - DISASTER EMERGENCY RESPONSE TEAM UPDATES

DETR - Centennial's Disaster Emergency Response Team is excited to announce 3 new volunteer responders: **Amanda Burns, Cody Jenkins, and Donna Holland.**

DETR participates in full scale and table top exercises to practice our response during a real world disaster or man-made incident anywhere in Colorado.

2018 DETR ACTIVITIES

January, February and March – New DETR responders were busy completing FEMA NIMS and CDPHE Behavioral Health trainings.

February and March – DETR practiced 3 communication drills; one cell phone text message deployment drill, one 800 MHZ radio drill and one Colorado Volunteer Mobilizer availability drill.

April – Participated in the Alpine Tornado exercise in Ft. Morgan, approximately 800 participants throughout Colorado played in this exercise.

May – Responded to a “real world” shooting incident at the Logan County Justice Center.

September – Assisted the Ft. Morgan School District with the Every 15 Minute Program for high school aged students. DETR's response was not an exercise but real aid to reduce student and parent anxiety and trauma.

October – Sterling Regional Med Center Active Shooter Exercise was cancelled due to unforeseen circumstances.

2019 1st Quarter – Will be participating in a table top exercise supporting the Northeast Colorado Regional Healthcare Coalition in a no notice/low notice full scale exercise.

SAFETY TALK



FIRE EXTINGUISHER USE

If you ever have to use a fire extinguisher within CMHC, always remember...

- P** – Pull the pin.
- A** – Aim the nozzle or hose at the base of the fire
- S** – Squeeze the operating lever
- S** – Sweep the nozzle from side to side until the fire is out



CENTENNIAL CALENDAR

FEBRUARY 2019

- 13th - Board of Directors Meeting
- 12th - 11:00 am - 12:00 pm - Compliance Training - South Region
- 18th - President's Day (Floating Holiday for Employees)

MARCH 2019

- 20th - 12:00 pm - 1:00 pm - Compliance Training - Northeast Region