



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

AVATAR TIP

Electronic Signatures:

Place in Draft and Submit immediately after having the client or other outside participants sign.

WARNING: If you DO NOT save in draft and Avatar goes idle (15 minutes of non-activity) it will auto-lock your login session and signatures will be lost.

EVENTS COMING UP

EVENTS COMING UP



Stewards of Children Darkness to Light Training

Brought to you in conjunction with...

Centennial Mental Health Center & 

When: Thursday, April 25th 4:30-6:30 PM

Where: Morgan Community College, Founders Hall *Dinner Provided.
This activity is not sponsored by Morgan Community College.

What: Darkness to Light's Stewards of Children training uses a cooperative and community effort to prevent child sexual abuse and address the root cause of that abuse. Attendees will learn valuable tools they can bring back to their organization immediately to protect young child and prevent sexual abuse. Please allow for 2 hours to receive certification for completion of this course. **See attached.**

RSVP @ <https://www.surveymonkey.com/j/K2XJG>
SPACE IS LIMITED. SIGN UP TODAY!



 1-843-965-5444 • www.D2L.org
© 2019 Darkness to Light

MOTIVATE⁴ MENTAL HEALTH

COMMUNITY ACTIVITY NUTRITION AWARENESS

Learn About 4 Ways To Motivate Your Mental Health

WHEN

Monday, May 13th, 2019

12-1 pm Schools, 1-4 pm Youth & Schools, 4-7 pm Adults & Family

WHERE

Sterling Courthouse Square
Elks Club in case of inclement weather

PERFORMANCES BY:
Community & Student
Musical & Performing Talent

SNACKS & MEALS:
Healthy snacks at Clarence's Corner

From 4-7 pm:
Jerry Dogs
Burritos and Bowls
Heavenly Mini Donuts

GAMES FOR KIDS & ADULTS:

Sources of Strength Games
9 Square in the air
Duck, duck, goose
Giant Dart Board
Bowling
Giant Jenga
cornhole
Kan Jam
Ladderball
And Much more!

INFORMATION AND MATERIALS:

Mental Health
Prevention
Pregnancy related depression
Housing/Homelessness/Supported Employment
Early Childhood Education
Man Therapy
And Much more!

**This is a
NO SMOKING,
NO VAPING
Event**

Because Mental Health Matters

This event is brought to you by:



MENTAL HEALTH MATTERS

CENTENNIAL CALENDAR

APRIL 2019

- 1st - 12:30 pm - 2:00 pm - Northeast Brown Bag - How to Terminate Services with Clients
- 10th - 12:30 pm - 2:00 pm - Central Brown Bag - How to Terminate Services with Clients
- 11th - Board of Director's Meeting
- 12th - 10:00 pm - 4:00 pm - 27-65 Training - The full day is for new clinical staff, new ERT Staff, and anyone who would like a refresher who will be on-call for Crisis. 10:00 am - 12:30 pm Non-Clinical Support Staff can attend. Location: Sterling Office Upstairs Training Room.
- 17th - Centennial New Employee Orientation - Sterling office
- 18th - 12:30 pm - 2:00 pm - South Brown Bag - How to Terminate Services with Clients
- 25th - 4:30 pm - 6:30 pm - Stewards of Children Darkness to Light Training - Morgan Community College
- 29th-30th - 8:30 am - 4:30 pm - ASIST Training - Burlington Ambulance Building, Burlington, CO

MAY 2019

- 13th - 12:00 pm - 7:00 pm - Motivate for Mental Health Event - Sterling Courthouse Square

PREVENTION MONTH AT A GLANCE

The following is a Month at a Glance for our Prevention Team. Please let Maranda Miller know if you have any questions or would like more information about the prevention services they are providing this month. The Prevention Team's goal is to provide equitable services across the communities. We are also home to 36 school districts, who are at some level all aware of our Prevention services, but may not need or have time for them. If you would like to see the team more involved in certain communities and schools, please let Maranda know and she welcomes your help with making connections as well. MarandaM@CentennialMHC.org

PROGRAM	LOCATION	DATE	TIME	TRAINER
Sources of Strength Year 2	Sterling High School	4/1/19	8-5	Kara & Nat'l Trainer
Botvin LST	Running Creek Elementary	4/1/19	8:15-9:15	Susan
Mini Sources	Family Resource Center	4/1/19	1-3	Andie
Riding the Waves	Green Acres Elementary	4/1/19	8-2	Chelsee
Botvin LST	Hi-Plains School, Seibert 9th	4/2/19	10-11	Susan
Riding the Waves	Buchanan Middle School	4/2/19	8-3:30	Chelsee
Botvin LST	Merino Jr/Sr High 7th	4/2/19	11-12:15	Kara
Botvin LST	Flagler 7th, 8th, and 9th	4/3/19	9:50-10:48	Susan
			10:50-11:48	
Botvin LST	Merino Jr/Sr High 8th	4/3/19	11-12:15	Kara
Riding the Waves	Beaver Valley Elementary	4/3/19	8-12	Chelsee
Vaping / E-Cigarettes	Sterling High School	4/4/19	7:50-12:00	Kara and Andie
Girl Talk	Sterling Middle School	4/4/19	3:14-3:45	Chelsee
Sources of Strength Year 2	Flagler School	4/4/19	8-4	Maranda & Nat'l Trainer
Vaping / E-Cigarettes	Sterling High School	4/5/19	7:50-12:00	Kara & Andie
Mini Botvin	Family Resource Center	4/8/19	1-3	Kara and Andie
MHFA	Northeastern Junior College	4/8- 9/19	5-9 pm	Maranda
Botvin LST	Merino Jr/Sr High 7th	4/9/19	11-12:15	Kara
Riding the Waves	Beaver Valley Elementary	4/10/19	8-12	Chelsee
Girl Talk	Sterling Middle School	4/11/19	3:15-3:45	Chelsee
QPR	Melissa Memorial Hospital	4/11/19	10-11:30	
			12-13:30	Andie
9News Health Fair	Akron	4/14/19	7-11	Andie
Vaping/E-Cigarettes	Ft Morgan High School	4/15/19	8-1:30	Kara
Botvin LST	Hi-Plains School, Seibert 9th	4/16/19	10-11	Susan
Riding the Waves	Buchanan Middle School	4/16/19	8-3:30	Chelsee
Riding the Waves	Beaver Valley Elementary	4/17/19	8-12	Chelsee
Mental Health Presentation	NJC Business Dept. Staff	4/17/2019	4-5 pm	Maranda
Girl Talk	Sterling Middle School	4/18/19	3:15-3:45	Chelsee
MHFA	Washington County Event Center	4/19/19	8:30-4:30	Jaci & Andie
Mini Training	Family Resource Center	4/22/19	1-3	Kara
More Than Sad	Buchanan Middle School	4/22/19	8-3:30	Andie & Kara
Botvin LST	High-Plains School, Seibert 9th	4/23/19	10-11	Susan
Stewards of Children	Morgan Community College	4/25/19	4:30-6:30	Chelsee & ECS
Mini Sources Training	Akron School	4/26/19	8-9	Kara and Andie
ASIST	Burlington	4/29-4/30/19	8-16	Maranda & Andie
Botvin LST	Caliche Elementary 3*4*5th-	4/30/19	1-3:15	Kara