



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

PREVENTION IN SCHOOLS



In March and April - Prevention Specialists Andie La Combe and Kara Moulton went to Julesburg High School and Sterling High School to do presentations on the dangers of e-cigarettes and hookahs.

EVENT COMING UP

Everyone is invited to this fun event! We'd love for our Centennial staff to attend...more than already do! This year we again have great booths featuring Centennial services we offer, our Journey crew is yet again running Clarence's Corner with snacks, and the Health Department also has booths for their services. This year among all the great games again offered, we will have community musicians and performers from 4pm -7 pm, and also Jerry Dogs, Burritos and Bowls, Heavenly Mini Donuts and Hawaiian Ice! Come join the fun and get outside.

INTEGRATED HEALTH

The Elbert County Paper, Prairie Times, featured one of our Centennial Integrated Health Professionals in their paper. Sheila Robinson is currently working part of her schedule serving in the Peak Vista facility in Kiowa for Centennial.

PEAK VISTA. DELIVERING QUALITY, WHOLE PERSON HEALTH CARE.

We offer exceptional Behavioral Health care! Join our new Patient Family Advisory Council. On a monthly basis, the council will address concerns and plans of action to help improve quality of care for all patients. For more information, give us a call!

BEHAVIORAL HEALTH PROVIDER
SHEILA ROBINSON, LPC, NCC, CCTP
HEALTH CENTER AT KIOWA
320 COMANCHE ST, KIOWA, CO 80117
Tel: (720) 389-5763 | peakvista.org

CENTENNIAL CALENDAR

APRIL 2019

- 17th - Centennial New Employee Orientation - Sterling office
- 18th - 12:30 pm - 2:00 pm - South Brown Bag - How to Terminate Services with Clients
- 25th - 4:30 pm - 6:30 pm - Stewards of Children Darkness to Light Training - Morgan Community College
- 29th-30th - 8:30 am - 4:30 pm - ASIST Training - Burlington Ambulance Building, Burlington, CO

MAY 2019

- 3rd - 8:00 am - 4:00 pm - Mental Health First Aid - 166 Cedar Ave, Akron, CO
- 6th - 12:30 pm - 2:00 pm - Northeast Brown Bag - Safety Planning
- 8th - 12:30 pm - 2:00 pm - Central Brown Bag - Safety Planning
- 11th - 8:30 am - 4:30 pm - Mental Health First Aid - Flagler Public School, Flagler, CO
- 13th - 12:00 pm - 7:00 pm - Motivate for Mental Health Event - Sterling Courthouse Square, Sterling, CO
- 16th - 12:30 pm - 2:00 pm - South Brown Bag - Safety Planning
- 17th - 8:30 am - 4:30 pm - Mental Health First Aid/Public Safety - Julesburg Fire Department, Julesburg, CO

MOTIVATE⁴ MENTAL HEALTH

COMMUNITY / ACTIVITY / NUTRITION / AWARENESS

because mental health matters

Learn About 4 Ways To Motivate Your Mental Health

WHEN
Monday, May 13th, 2019

12-1 pm Schools, 1-4 pm Youth & Schools, 4-7 pm Adults & Family

WHERE
Sterling Courthouse Square
Elks Club in case of inclement weather

PERFORMANCES BY:
Community & Student
Musical & Performing Talent

SNACKS & MEALS:
Healthy snacks at Clarence's Corner

FROM 4-7 PM:
Jerry Dogs
Burritos and Bowls
Heavenly Mini Donuts
Hawaiian Ice

GAMES FOR KIDS & ADULTS:
Sources of Strength Games
9 Square in the air
Duck, duck, goose
Giant Burt Board
Bowling
Giant Jenga
Cornhole
Kan Jam
Ladderball
And Much more!

INFORMATION AND MATERIALS:
Mental Health Prevention
Pregnancy related depression
Housing/Homelessness/Supported Employment
Early Childhood Education
Man Therapy
Tobacco Program Info and much more!



This event is brought to you by:

