



THE CENTENNIAL BRIEFING

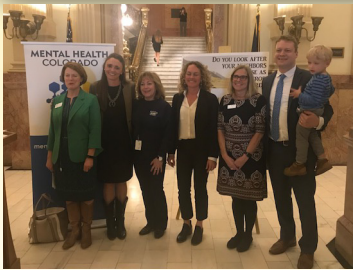


CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

MENTAL HEALTH PROCLAMATION DAY

CENTENNIAL IN THE COMMUNITY



May 1st May was officially declared as Mental Health Month at the Colorado State Capitol. Liz Hickman was of course in attendance and was able to snap this photo of those who presented that day for the event. Pictured left to right: Michelle Barnes, CO DHS Director; Maggie Hanna, Family

Member; Diane Primavera, Lieutenant Governor; Kate Greenberg, Commissioner of Agriculture; Nancy VanDerMark, Mental Health Colorado; Frank Cornelia (and son), CBHC.



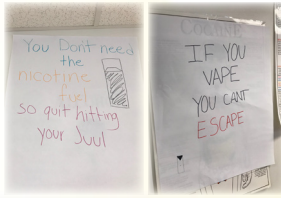
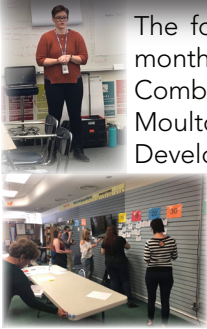
Centennial Mental Health Center Staff supports Baby Bear Hugs Gala - "A Night of Magic."

Pictured left to right are: Shannon Parker, ECMHS serves on the Logan/Phillips/Sedgwick Counties Advisory Board. Karla Rosas, Community Resource Director serves on the Board of Directors for Baby Bear Hugs and Logan County Advisory Board. Amy Nation, ECMHS serves on the Advisory Board for Morgan County.



TRAININGS EVERYWHERE

The following are pictures from various trainings last month including More Than Sad in Wray - Andie La Combe and Kara Moulton, Dangers of Vaping by Kara Moulton, and Positive Youth Development - Jaci Yula and Nicole Herrera at the Family Resource Center for staff.



EVENT MONDAY, MAY 13TH!

Everyone is invited to this fun event! We'd love for our Centennial staff to attend...more than already do! This year we again have great booths featuring Centennial services we offer, our Journey crew is yet again running Clarence's Corner with snacks, and the Health Department also has booths for their services. This year among all the great games again offered, we will have community musicians and performers from 4pm -7 pm, and also Jerry Dogs, Burritos and Bowls, Heavenly Mini Donuts and Hawaiian Ice! Come join the fun and get outside.

CENTENNIAL CALENDAR

MAY 2019

- 8th - 12:30 pm - 2:00 pm - Central Brown Bag - Safety Planning
- 11th - 8:30 am - 4:30 pm - Mental Health First Aid - Flagler Public School, Flagler, CO
- 13th - 12:00 pm - 7:00 pm - Motivate for Mental Health Event - Food Trucks & Entertainment 4:00 pm - 7:00 pm, Sterling Courthouse Square, Sterling, CO
- 16th - 12:30 pm - 2:00 pm - South Brown Bag - Safety Planning
- 17th - 8:30 am - 4:30 pm - Mental Health First Aid/Public Safety - Julesburg Fire Department, Julesburg, CO
- 22nd - 9:00 am - 4:00 pm - Youth Mental Health First Aid - Family Resource Center, Sterling, CO (Email Events@CentennialMHC.org to attend)

JUNE 2019

- 15th - Moving Lives Forward Ride - 9:00 Poker Run/Fun Ride, 2:00 pm - 4:00 pm Carnival games and Family fun - 4:30 pm Rally Games - 5:00 Meal - Fort Morgan, CO (Centennial office)
- 19th-20th - 8:30 am - 4:30 pm - ASIST Training - Burlington Ambulance Building, Burlington, CO **RESCHEDULED FROM APRIL**

SAVE THE DATE - POKER RUN



COME CHECK IT OUT!

JUNE 15TH, 2019

FORT MORGAN OFFICE
821 E RAILROAD AVE, FORT MORGAN, CO

SHOW YOUR SUPPORT OF MENTAL HEALTH WELLNESS
REGISTRATION 9:00 AM - RETURN 4:30 PM