## HE CENTENNIAL BRIEFING



#### LINCOLN, LOGAN, MORGAN, PHILLIPS, SEDGWICK, WASHINGTON, YUMA CHEYENNE, ELBERT, KITCARSO

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

### **EVENT COMING UP**

THE \* RD ANNUAL



#### Poker Run - Fundraiser for Journey



Sterling Journey clients raised funds by making and selling breakfast burritos, coffee and other backed goods at the 2018 Ride. These dollars augmented

other fund raisers and allowed clients to enjoy trips and activities that were both recreational and educational. Clients practiced life skills while they attended a Broncos game, visited the Botanical Gardens, toured the train museum and participated in trips to restaurants in Denver.

#### **DID YOU KNOW?**

MENTAL HEALTH FIRST AID NUMBERS REPORTED **APRIL 2019 NATIONWIDE** 



Number of New First Aiders Trained -Number of New First Aiders Trained -Number of New Instructors Trained -Number of New Instructors Trained -Total Number of First Aiders **Total Number of Instructors** 

Youth 12,272 Adult 16,956 Youth 273 Adult 191 1,653,466

17,698

## CENTENNIAL CALENDAR

#### **JUNE 2019**

14<sup>th</sup> - 27-65 Training - 10 am - 4 pm - Rm 214 Fort Morgan Office 15<sup>th</sup> - Moving Lives Forward Ride - 9:00 Poker Run/Fun Ride, 2:00 pm - 4:00 pm Carnival games and Family fun - 4:30 pm Rally Games - 5:00 Meal - Fort Morgan, CO (Centennial office)

19th-20th - 8:30 am - 4:30 pm - ASIST Training - Burlington Ambulance Building, Burlington, CO RESCHEDULED FROM APRIL

9:00 AM Poker Run/Fun Ride Registration Ereakfast Burritos/Coffee 10:00 AM Last Bike Out

JUNE 15, 2019

Rally Games, Music & Fun Afterwards!

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Carnival games, face painting, family fun! 821 E Railroad Ave Fort Morgan ilroad Áw organ, CO

**COST** \$15

**SCHEDULE** 

2:00 - 4:00 PM

Rider Fee \$10

SHOW YOUR SUPPORT

for Mental Health wellness

4:30 PM

Poker Run/Fun Ride

participants - Rally Games

5:00 PM - Meal

Smoked Brisket

sides & drink

\$6.00

Our thanks to Cargill for donating the meat

Passenger or Additional Hand

Poker Run/Fun Ride will start at Centennial Mental Health Center in Fort Morgan, CO (821 E Railroad Ave). Dry stops will be at Centennial offices as follows: Sterling, Holyoke, Wray, Yuma, Akron and back to Fort Morgan.

ALL TRANSPORTATION WELCOME.

Questions please email: events@centennialmhc.org

For further information contact: Lorie CENTENNIAL

Marty Luman 100% of proceeds go to Centennial Mental Health Center to help support Behavioral Health and Prevention Services.

# HE CENTENNIAL BRIEFING



Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

**EVENT COMING UP** 

THE 3RD ANNUAL





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**SCHEDULE** 

821 E Railroad Ave Fort Morgan, CO COST

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