



# THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

*Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being*

## INNOVATIONS IN OPIOID TREATMENT WEBINAR

## ACUDETOX OFFERED FOR VOLUNTEERS

### TOMORROW!

Detoxification from opioids can be an important first step in the recovery process, but it is essential that any period of detoxification be followed by access to medications, such as extended-release naltrexone, to help sustain long-term recovery.

**Join the National Council for Behavioral Health:  
Tuesday, July 16 from 3-4 p.m. ET  
Translating Detox into Recovery:  
Innovations in Opioid Treatment**

Explore one organization's model for engaging clients seeking ambulatory detox and transitioning them to more formal addiction treatment services. Ambulatory Detox is a commonly used service for persons seeking treatment for an opioid use disorder and can be an important first step in the recovery process if structured correctly and connected to appropriate follow-up care.

**[CLICK HERE TO REGISTER](#)**

## STAFF LICENSURE & DEGREE CHANGES



**NICOLE GARFIELD**  
obtained her LAC license  
She is now dually credentialed!



**KARL INGRAM**  
has obtained his MSW degree

**CONGRATULATIONS**  
Centennial is lucky to have you!

Centennial is currently coordinating to have an Acudetox Training in the Fort Morgan Office later this month.

Acudetox is currently a service that Centennial provides and some of you may be familiar with it. A few of our staff along with external agencies will be trained to become a NADA 5-point ear acupuncture specialist. Part of the certification process is for the trainees to practice on volunteers under the supervision of a certified NADA 5-point ear acupuncture specialist.

Stop by yourself, and/or spread the word to friends and community members for this opportunity to experience stress relief. The trainees need a lot of volunteers in order to become certified.

Possible benefits of Acudetox include:

- General Feeling of Well-Being
- Improved Sleep
- Sense of Relaxation
- Decreased Cravings for Addictive Substances

### **Dates Available:**

07/27/19 - 10 am and 2 pm

07/28/19 - 10 am and 2 pm

Sessions last about 45 minutes to 1 hour

## CENTENNIAL CALENDAR

### JULY 2019

**17<sup>th</sup>** - New Employee Orientation - Sterling Office

**18<sup>th</sup>** - Brown Bag Training - 12:30 pm - 2:00 pm - South Region

**26<sup>th</sup> - 28<sup>th</sup>** - Acudetox Trainings - 9:00 am - 5:00 pm

**29<sup>th</sup> - 30<sup>th</sup>** - ASIST Training - 8:30 am - 4:30 pm - Contact Sam Melfi at SamM@Centennialmhc.org for details on location.