

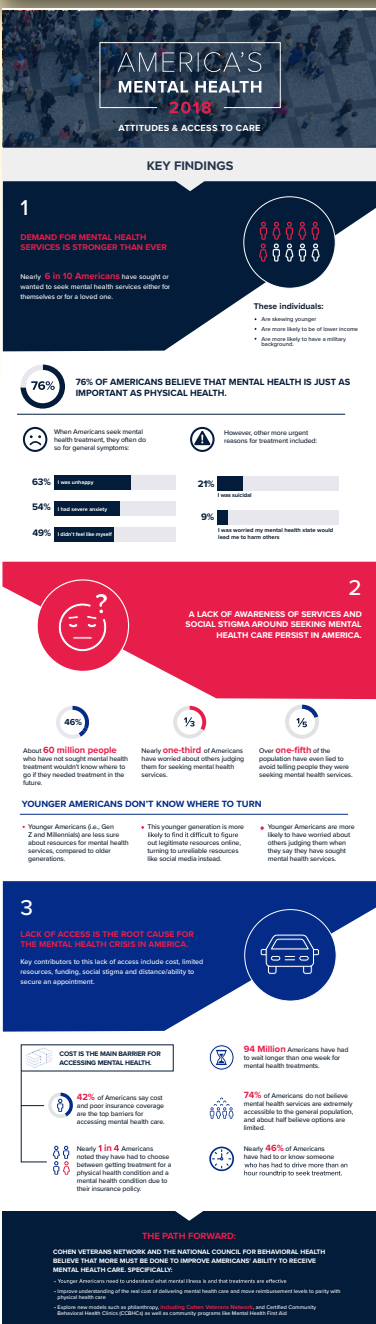
THE CENTENNIAL BRIEFING

CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

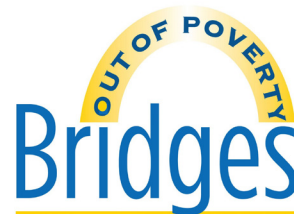
AMERICA'S MENTAL HEALTH 2018

TRAININGS COMING UP



Though this study was done in 2018 I still found the information valuable.

Nearly 80 percent of Americans believe that mental health is just as important as physical health according to America's Mental Health 2018, a study conducted by the National Council and the Cohen Veterans Network. In the context of the survey, the term "mental health" was defined for participants to include SUD and other conditions that affect a person's emotional, psychological and social well-being. Despite this overwhelming support, systemic and social barriers keep many individuals from receiving the care they need, including wait times, cost, stigma, and more.



Bridges out of Poverty is a full, one-day workshop designed for community members, educators, employers, and community organizations who are interested in strengthening their understanding of poverty, broadening their mindset, and learning local, practical strategies to make a difference in our communities.

Reducing the social costs of poverty, strengthening the workforce, and building more prosperous and sustainable communities are goals on which most communities agree. The Bridges out of Poverty training increases understanding of economic cultures, builds community stability, and removes barriers for clients with few resources.

When: Friday, August 30, 2019

9:00 a.m. - 4:00 p.m.

Where: MCC Founder's Room
920 Barlow Road.
Fort Morgan, Colorado 80701

Cost: \$60/ person (must be paid in advance)
Cost includes: Registration, textbook, and lunch.

Make checks payable to:
Rural Solutions
P.O. Box 503
Sterling, CO 80751

To register call Maranda Miller at 970-520-5603
or email: mail.ruralsolutions@gmail.com
Deadline to Register- 8/19/2019



CENTENNIAL CALENDAR

AUGUST 2019

- 14th** - Brown Bag Training - Central Region - Room 214, Fort Morgan Office - 12:30 pm - 2:00 pm
- 15th** - Brown Bag Training - South Region - Large Conf Room, Elizabeth Office - 12:30 pm - 2:00 pm
- 21st** - New Employee Orientation - Northeast Region - Training Room, Sterling Office - 8:00 am - 5:00 pm