



# THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

*Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being*

## NEWS FROM THE NORTHEAST

### Community Involvement

Being involved in our communities is important. Clients, staff and other professionals are all living, working, raising kids, overcoming challenges and more in the same communities. This puts us all on the same plane. It can certainly be tough living and working in a rural setting. I encourage you though to get involved in community activities that interest you. Joining in humanizes all of us and makes us happier and healthier employees. Being involved is a priority of Operations Directors. It how we help forge new partnerships and maintain quality relationships with stakeholders. If you're new to your local community, talk with your ROD or peers about activities. Enjoy!

*Jami Brecht*

**Northeast Regional Operations Director**

## COMMUNITY INVOLVEMENT

### Speaking of Community Involvement....

This weekend completed a community theatre production, Mamma Mia. These four Centennial employees have been involved with Sterling Miracle Players for quite some time in acting, crew or both, and have devoted most Summers to being in musical productions. "Sterling Miracle Players" also do a Kid's Theatre Camp in the Summer ("Frozen" this

year) along with an annual Haunted House in Sterling. Pictured Left to Right: Andie La Combe (Islander) 2 years with SMP, Kara Moulton (Islander) 2 years, Jaci Yula (Choreographer) 8 years and Jacob Reyes (Pepper, Islander) 10 years.



**\*\* If you are involved in anything extracurricular or otherwise in your community I'd love to share that with the rest of our Centennial family!\*\***

Please send info to [JaciY@CentennialMHC.org](mailto:JaciY@CentennialMHC.org).

## MAKING ROOM IN THE SOUTH

### South Region ROD creating great spaces

The south been having a lot of space issues in their Elizabeth office and quite a few staff members are without workstations and have been floating every day. Due to no maintenance personnel, Southern ROD Kristi Grothe has been putting desks together and moving things around to make personal space for people to work. It's finally complete and people are moving in to their own spaces this week. Kristi's hope is that it will continue to help staff feel valued in their role here at Centennial.



*Kristi Grothe*

**South Regional Operations Director**

## CENTENNIAL CALENDAR

### SEPTEMBER 2019

**18<sup>th</sup>** - New Employee Orientation - Sterling Office - Training Room - 8:00 am - 5:00 pm

### OCTOBER 2019

**2<sup>nd</sup>** - Positive Youth Development 1 Hour Sneak Peek - After Youthlink Meeting - 12:00 pm - 1:00 pm

**10<sup>th</sup>** - Board of Directors Meeting - Ft. Morgan Office

**16<sup>th</sup>** - New Employee Orientation - Sterling Office - Training Room - 8:00 am - 5:00 pm





# THE CENTENNIAL BRIEFING

EVENT COMING SOON

CENTENNIAL IN THE SCHOOLS

## Walk to Fight Suicide



NE CO Out of the Darkness Community Walk  
Sunday, September 29, 2019  
Legion Field Stadium (219 S West Street)  
Fort Morgan, CO 80701  
Register at [afsp.org/NECO](https://afsp.org/NECO)

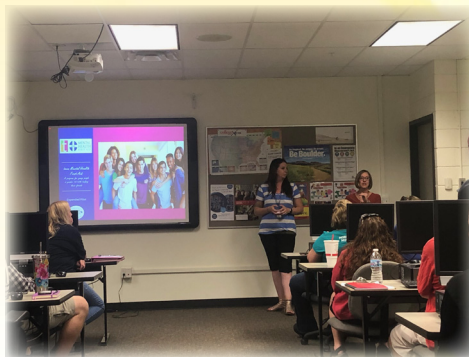


American  
Foundation  
for Suicide  
Prevention



OUT OF THE  
DARKNESS  
Community Walk

Prevention spent some time at Northeastern Junior College presenting QPR (Question, Persuade, Refer) to students in the Nursing program.



A presentation was given today covering why we are doing the tMHFA (Teen Mental Health First Aid) pilot and what to expect with the program. The presentation was given to teachers at Sterling High school.