



# THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

*Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being*

## MENTAL HEALTH SUPPORTED EMPLOYMENT

### Building Bridges Between Employers and Potential Employees

October is National Disability Employment Awareness Month. And I would like to highlight Centennial's Mental Health Supported Employment (MHSE) team of Debra Giles (Logan, Phillips, Sedgewick Counties), Tawni Wingstrom (Morgan & Washington Counties), Jamie Mondragon (Yuma, Kit Carson & Cheyenne Counties) and Jessica Whaley (Elbert & Lincoln Counties).



Debra



Tawni



Jamie



Jessica

Centennial's MHSE program enhances employment opportunities for individuals with severe and persistent mental illness or person in recovery. The MHSE program follows the Individualized Placement and Supports (IPS) Model. IPS is an evidenced based approach used to increase competitive employment for individuals diagnosed with Serious Mental Illness. IPS services are an integral component of the client recovery model aimed to help clients through a rapid job search approach to help individuals obtain jobs directly rather than providing lengthy pre-employment assessments, training and counseling.

#### The eight practice principles of IPS Supported Employment include:

1. Competitive Employment
2. IPS Supported Employment is integrated with treatment
3. Zero Exclusion: Eligibility is based on client choice
4. Attention to client preference
5. Benefits counseling regarding their benefits while working
6. Rapid job search
7. Systemic job development
8. Time-unlimited supports

In FY 1819, Centennial's MHSE team assisted 109 clients with job exploration, job development, resume building, benefits counseling and on-going supportive services. Of the 109 clients served, 14 were able to maintain successful employment. Here are a couple of success stories from the past year.

Jamie's client was on the verge of losing their home and was unable to pay most of the family bills. Her client had a history of being a mechanic for most of their life, however was unable to continue in that profession due to a physical disability. The client also experienced major depression. The client was not sure what type of employment they would be able to do. In meeting with Jamie, the client was able to narrow down their goal of obtaining their CDL. With Jamie's guidance and the resources offered through the Division of Vocational Rehabilitation, the client was able to obtain their CDL with flying colors. Shortly thereafter, the client was offered a full-time position with Navajo Express trucking company. This position offered full-time hours, health insurance and retirement. The client has since been able to catch up on their mortgage payment and provide their family with health insurance they had not been previously able to afford.

Due to their diagnosis and extreme paranoia, Tawni's client had a very difficult time leaving their home and going out in public. Despite these challenges, her client had a deep desire to work, because they believed they were capable of employment. After many months of researching and applying for jobs, the client landed and entry level clerical job at a local company. According to Tawni, this client has blossomed and found their confidence in their ability to maintain employment.





# THE CENTENNIAL BRIEFING

## JEANS FOR JOY REMINDERS

Participation for last week's Jeans for Joy was seen at Respite with staff Diana Rios, Alicia Lopez and Mike Schoenecker wearing their green for mental health awareness along with their jeans! Thank you for your participation!



All staff members are encouraged to take pictures of your Jeans for Joy participation and send them to Jaci Yula in Community Resources to be included in the next Briefing.

### Here are upcoming dates and what to wear:

**October 15:** Your favorite sports team

**October 22:** As many colors as you can for Nat'l Color Day

**October 29:** Red for Red Ribbon Week

**November 5:** Tie-Dye

**November 12:** Wacky socks

**December 10:** FREE DAY (If you have paid for all days prior) - Wear flannel/plaid

## CENTENNIAL CALENDAR

### OCTOBER 2019

**16<sup>th</sup>** - New Employee Orientation - Sterling Office - Training Room - 8:00 am - 5:00 pm

**21<sup>st</sup>-22<sup>nd</sup>** - ASIST- NJC, Sterling - 8:30 am - 4:30 pm

### NOVEMBER 2019

**5<sup>th</sup>** - Northeast Brown Bag - Treating Trauma - 12:30pm -2:00pm Sterling Office

**11<sup>th</sup>** - Veteran's Day - All Offices Closed

**13<sup>th</sup>** - Central Brown Bag - Treating Trauma - 12:30pm -2:00pm Fort Morgan Office

**14<sup>th</sup>** - Board of Directors Meeting - Ft. Morgan Office

**20<sup>th</sup>** - New Employee Orientation - Sterling Office - Training Room - 8:00 am - 5:00 pm

**21<sup>st</sup>** - South Brown Bag - Treating Trauma - 12:30pm -2:00pm Elizabeth Office

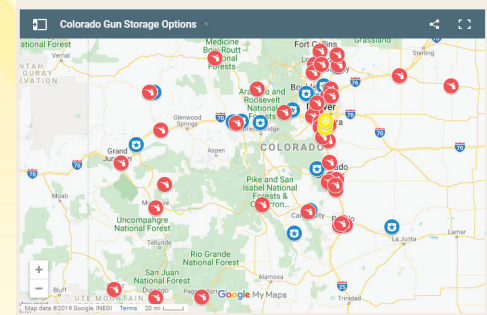
**28<sup>th</sup>** - Thanksgiving - All Offices Closed

**29<sup>th</sup>** - Thanksgiving Friday - All Offices Closed

## COLORADO GUN STORAGE

Prevention Services Program Manager, Maranda Miller thought the below information around gun storage options would be very helpful if clinicians are working with suicidal individuals concerning means restriction.

This map was developed to help community members seeking local options for temporary, voluntary firearm storage.



Out-of-home gun storage can be especially helpful to persons in crisis at risk for suicide. As of the summer of 2019, the businesses and law enforcement agencies listed on this map are willing to consider requests for temporary, voluntary gun storage.

To see the full list and to zoom in and out visit [www.coloradofirearmsafetycoalition.org/gun-storage-map](http://www.coloradofirearmsafetycoalition.org/gun-storage-map)

