



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

ADDRESSING RURAL MENTAL HEALTH

Suicide and mental health issues among farmers and ranchers have far-reaching effects in rural communities, according to a Friday conversation about the topic. A working group to address mental health issues in rural Colorado met informally to "start the conversation" about suicide prevention and mental illness in northeast Colorado. The meeting, organized by Centennial Mental Health, included members of local law enforcement, agricultural organizations, educators, lenders and others. The meeting was moderated by Maranda Miller, suicide prevention specialist with Centennial. Miller, who comes from a farm family, said rural mental health is "a personal passion of mine and a professional passion as well." About 20 people attended and spent about a half-hour introducing themselves and talking about why they were participating.

To read the rest of the article click [HERE](#)

2020 HOLIDAY CALENDAR

If you haven't already gotten it in your Calendar, our Board approved the following Holidays for the 2020 Calendar Year

President's Day	February 17	Floating
Memorial Day	May 25	Closed
Independence Day Observed	July 3	Closed
Labor Day	September 7	Closed
Columbus Day	October 12	Floating
Veteran's Day	November 11	Closed
Thanksgiving	November 26	Closed
Thanksgiving Friday	November 27	Closed
Christmas Eve (1/2 Day)	December 24	Closed
Christmas Day	December 25	Closed

CENTENNIAL RECEIVES DONATION

Centennial recently received a donation of \$190 from Sterling Federal Credit Union for our Prevention Services.



HOLYOKE PARTICIPATES IN PARADE



The Holyoke Centennial Team participated in the Parade of Lights. The theme was The Night Before Christmas.



With their warm fireplace, Christmas tree, and snow globe, they were a hit. But let's not forget Mrs. Clause who read a story to the kids and even happened to make it into the newspaper. They had a blast and look forward to doing it next year!!



PUMPKIN DECORATING CONTEST

Who knew pumpkins could become so many things! The Central Region clients from Washington & Yuma counties mentored by Brigette Shafer shared their imagination and creative skills with us in a pumpkin decorating contest. Personnel in the Akron office really enjoyed seeing each creation come in. After much careful deliberation, the judge awarded the top prizes to Charlotte's Web and the Green Witch with Her Cat.



SEASONAL DONATION TRACKER

NOVEMBER ANNIVERSARIES

We've exceeded our \$6,000 goal to over \$8,000!

GOAL!



Centennial received donations for Jeans for Joy 2019 and also Project Christmas Joy. The goal of our project was to raise \$6,000 in order to provide a happy holiday season for members in our behavioral health communities. Our thermometer made a significant jump since last year!

Total Donations - \$8,866

Businesses: Great Copier Service, Pilkington Financial Group, Kellogg-Ewing-Leavitt Ins., Sterling Livestock Commission, Small Town Realty, Superior Builders, Auxiliary of the Veterans of Foreign Wars, Java Enterprise, Smithburg Retail Enterprise, Inc., Wisdom

Rides of America, Banner Health, TBK Bank, Bank of Colorado, Schlenz Builders, The Eastern Colorado Bank, Signal Behavioral Health Network

Community/Board Members: Tom Westfall, Robin Wiley, Steve Burgess, James R. Leh, Lydia N. Dunbar, Cherry Stogsdill, Terry & Sherill Hofmeister, Rene & Jackie Frenier, Rece Ann Herboldsheimer, Lydia Dunbar Trust, Chapter BG of PEO, Henry & Roberta Rosas, Donald Schneider, Tony & Marty Wells, Greg & Linda Roth, Silvia Castillo, Clark D. Bernhardt, David & Rozalyn Long, Mr. & Mrs. Brad Rhea, Tony Rodriguez, Jeffrey & Tamara Durbin, Dave Martin, Elizabeth Hickman, Jamie Farmer, Ronald Smith, Cheri Kirschbaum

Jeans for Joy all days: Karen Lanckriet, Sharon Greenman, Sherri & Tim Davidson, Karla Rosas, Abbi Garcia, Heather Glover, Nicole Herrera, Sheila Couch, Crystal Fritzler, Tiffany Nichols, Kara Moulton, Jaci Yula, Maranda Miller, Kirstin Schelling, Deb Giles, Carol Nye, Jennifer Spaulding, Sam Melfi, Alicia Lopez, Diana Rios, Mike Schoenecker, Linda Valle, Melissa Satterly, Karl Ingram, Brittney Lumpkin, Karla Whitmore, Nate Reinick, Karen Nelson, Kathy Dalrymple, Janet Larrick, Brandy Cutshaw, Julie Spradlin, Brenda Wildrick, Arlene Weimer, Ashley Lanman, Shawn Blackiston, Jami Brecht, Jacy Lantz, Lee Lindsay, Fran Nelson, Dora Garcia, Kaitlin Wilson, Lidia Lara, Nancy Washburn, Kristi Gallego, Nicole Dermer, Sammantha Nicholson, Eilis King, McKenna Joosten

STAFF MEMBER ENDORSED



Congratulations to Erin Pounds who received her Colorado Association for Infant Mental Health (CoAIMH) Endorsement of IMH-E® Infant Family Specialist. **Congrats Erin!**



21 YEARS
LINDA
VALLE



16 YEARS
KIRSTIN
SCHELLING



8 YEARS
COLEEN
THOMPSON



7 YEARS
NOELLE
METCALF



5 YEARS
NICOLE
GARFIELD



5 YEARS
THOMAS
HENSMAN



4 YEARS
ALICIA
LOPEZ



3 YEARS
MICHAEL
HINTON



2 YEARS
TERI
KERR



2 YEARS
SORAYA
TAYLOR



1 YEAR
GINA
ASHMORE

DECEMBER ANNIVERSARIES



42 YEARS
KATHY
DALRYMPLE



23 YEARS
SHERRI
DAVIDSON



6 YEARS
JENN
ORTIZ



4 YEARS
NIKKI
DOTY



3 YEARS
TINA
HUSS



2 YEARS
ANDY
FLANDER



2 YEARS
ANNE
HELLSTROM



1 YEAR
ANDREW
DENECKE



1 YEAR
LUZ
FIERRO



1 YEAR
KATE
HILL



1 YEAR
JESSE
JONES



1 YEAR
JESSICA
MAZZUCA

JANUARY ANNIVERSARIES



22 YEARS
BRETT
MELTON



7 YEARS
JACKIE
VASQUEZ



3 YEARS
MERI
KANDOLL



3 YEARS
ERIN
POUNDS



3 YEARS
MELISSA
SATTERLY



2 YEARS
ALLY
KVACHKOFF



2 YEARS
LAURA
FRANCIS



2 YEARS
DAN
MARDER



2 YEARS
JENNIFER
SPAULDING



1 YEAR
JOE
CONTRERAS



1 YEAR
ANDREW
HALPERN



1 YEAR
JO
THIEDE

**I HOPE YOU ALL HAD A
WONDERFUL MONDAY!!**

MONDAY TO-DO LIST

1. WAKE UP

2. DRINK COFFEE

3. SLAY GOALS

THANK YOU

to everyone for all your years of service and
for continuing to move lives forward!