

THE CENTENNIAL BRIEFING



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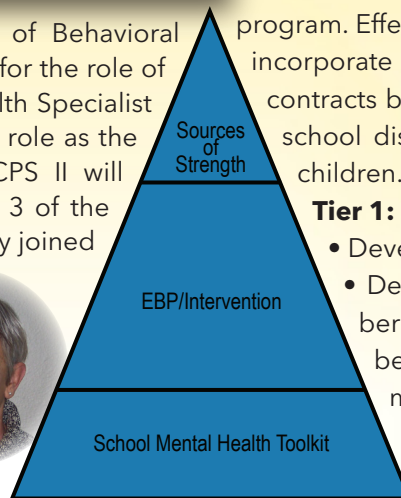
Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

SCHOOL-BASED MENTAL HEALTH PROGRAM



In the fall of 2019, the Office of Behavioral Health launched a new model for the role of the School-Based Mental Health Specialist (SBMHS) Program. In her new role as the SBMHS, Kara Moulton, BA, CPS II will focus her efforts on tiers 2 and 3 of the model. Kris Schell, MSW, who recently joined

the Community Resource Department part-time as an SBMHS, will focus her efforts on tier 1. The School-Based Mental Health Specialist program is expected to roll out the School Mental Health Toolkit to all 36 school districts in Centennial's 10 county catchment by December 2020.



The following is a brief outline of the interventions and workflow for the School-Based Mental Health Specialist (SBMHS) program. Effective July 1, 2019, all SBMHS's will be expected to incorporate the below information into the workflow and contracts both with the Office of Behavioral Health and local school districts in order to meet the needs of Colorado's children.

Tier 1: Colorado School Mental Health Toolkit

- Developed by Mental Health Colorado
- Designed to serve as a guide for community members, schools, local leaders, and districts through 10 best practices, strategies, funding, and sustaining mental health services in schools.
- SBMHS's will facilitate the education and use of the toolkit in communities that express a need and interest in mental health services.

Tier 2: Evidence Based Practice

- The SBMHS will identify schools seeking additional support in a particular area.
- Utilizing the Colorado Mental Health Toolkit, the SBMHS will work with the school to identify the most appropriate interventions to meet the needs of the school.
- The SBMHS will provide training and technical assistance with the goal of full implementation of the identified interventions from the toolkit.

Tier 3: Sources of Strength Training and Technical Assistance

- Based on need, the SBMHS shall provide direct guidance to schools through implementing Sources of Strength to prevent suicide by increasing help seeking behaviors and promoting connections between peers and caring adults.
- SBMHS's will identify schools who are seeking intensive training and technical assistance regarding cultural and procedural change in order to increase the school's nurturing environment, increase school safety, and increase academic achievement.
- The SBMHS shall participate in all training offered through OBH to obtain knowledge and skills necessary to provide training, support, and consultation on Sources of Strength.
- Specialists must provide TA to the school(s) at least one time per week for one school year.

KIND ACTS BETWEEN REGIONS

Regional Operations Directors, Kristi Grothe and Jami Brecht recently had a discussion, chatting about how much they love their office staff but also how they appreciate other staff members in other regions as well. Because of this conversation they started a little "out kind the other region" competition. Their office staff has been sending each other little jokes, shout outs and pick me ups last week to show their appreciation for one another, and they have participated in some random acts of kindness. Below you can see some of the fun they've been having!

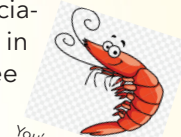


Thank you For all that you do down there in your region! Know that you are appreciated!

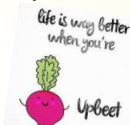
Down there in the South we have taken notice of all the support we have been receiving from the Northeast and we think you all are pretty great! Keep doing what you're doing! It makes a big difference for clients and all of the staff that you talk to but don't ever see :-)



We in the South think you all are great and we enjoy working with you all.....



Here's another pun to start your day!



Thanks for always being "beeter" than the rest!

Kristi and Jami are hoping to inspire other people to reach out to other regions and cheer each other on!

PROUD TO BE ONE CENTENNIAL!

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STAFF GETS MASTERS DEGREE



Congratulations to Amy Nation for recently
attaining her Masters of Arts in Family
Science.

Congrats Amy!

Fist Bump.



Monday: Let's do this.