THE CENTENNIAL BRIEFING



Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

UPDATES FROM THE COMMUNITY RESOURCES UMBRELLA

SUPPORTED EMPLOYMENT

The Supported Employment team has been trying our best to conduct business as usual. Through our partnership with DVR, we have been given approval to bill as normal for phone call contacts. We are also still welcoming new referrals, and are able to



PREVENTION & SCHOOL-BASED

April has arrived and for the first time in a very long time, there will not be a Prevention Month at a Glance. After the shock wore off of everything being canceled or postponed in the communities and schools, the Prevention Team went into over-

drive to develop new and innovative ways to connect with the citizens of Northeast Colorado. There is not doubt that this is a terrible first time as none of us have ever experienced a pandemic with this much intensity, but we are super resilient and new ways of providing our services are rapidly being developed. Here is a quick snapshot of the Prevention Team's efforts.

• The School Based Mental Health Team (SBMH) has created and will be sending out a survey to assess the needs of our 36 school districts. The survey is divided into three sections (staff, students and parents).

- The SBMH Team is also partnering with the Early Childhood Mental Health Team in awareness efforts as April is Child Abuse Prevention Month and the Week of the Young Child is also during this month.
- Recently, a Logan County COVID Task Force was created and the SBMH Team is involved with it. The purpose of the task force is to identify resources, to better understand how services are now being delivered and to find out who can best provide certain services so that we don't overwhelm our schools and communities. The hope is to duplicate this process in our other ten counties.
- The Community Prevention Team is preparing videos in conjunction with the SBMH Team to provide to schools on such topics as Sources of Strength, Botvin Life Skills and the Strengthening Families Program.
- A calendar for May is Mental Health Month is being developed by the Community Prevention Team as well as a series of community newsletters that will contain suicide prevention and mental health awareness information.
- Various trainings are being converted and tested on virtual platforms and this may very much revolutionize the way we provide some of our services. While we prefer face to face interaction, we know that to ever achieve some level of health equity, the virtual world may remain a part of our delivery modalities. There are some trainings that it would be unsafe to provide in this manner and we remain committed to fidelity by not providing them virtually.
- Much of the team is working in some capacity of COVID-19 response and assisting with various tasks such as attending public health meetings and distributing resources to our community agencies and schools.
- This also is a time for professional growth so that the Prevention Team is ready, willing and able to handle the many requests for trainings and consultation that will be needed in the months to come. While we cannot predict the future, it is very likely that there will be many needs once we are able to return to some semblance of normal.