



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

DOCUMENTATION TIPS 2 DOCUMENTING IN THE PROGRESS NOTE

Tip #2:

Reason for Visit/Presenting Concern: The reason for visit or presenting concern must align with the particular treatment plan goal selected, and should include information about symptoms being addressed. Example: "Client presents today to continue addressing anxiety symptoms which are impacting her ability to work." "Client presented for scheduled appointment" is NOT a valid Reason for Visit.

Tip #3:

Description of Service and Specific Interventions Used: The therapeutic intervention(s) utilized must be described as well as the rationale for their use. Example: "We reviewed the client's Anxiety Journal entries from previous week to better understand specific triggers for anxiety symptoms. We practiced two grounding techniques (Counting Breath, Environmental Scan) that client can use when triggered and client demonstrated ability to perform these techniques independently." "Discussing an issue" is not a Therapeutic Intervention! Hint: If the activity described in the session is akin to something that client could do with a neighbor or friend, it is not a Therapeutic Intervention.

Keep watching each week for more TIPS!

CLIENT APPRECIATION

I want to Thank Centennial Mental Health Center, for helping me get back on track, with my medication and a place to go when my parents I went out of town. You guys have helped me for a lot of years now. I have exepcted the fact that I have to be on medication. It's taking me a long time to realise that.

I'm not sure were I would be without all your help. I know you guy's help lots of people daily and they don't appriciate it. It's different for me now. Have helped me more times then I can thank you for. Hope you believe me now that I know I can't do things on my own and that you guys can help with them. You don't know how much I appriciate your concern.

LIMON REMODEL

The Limon office completed a project that involved new flooring and paint in the waiting room. The look brings a nice fresh atmosphere for our clients.

