



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

DOCUMENTATION TIPS 2 DOCUMENTING IN THE PROGRESS NOTE

Tip #5:

Progress Toward Goal: This is an assessment/summary of client's progress or lack of progress toward the treatment plan goal(s). Must be specific and symptom-focused, and describe the impact of progress on functioning. Example: "In the last two weeks client has made significant progress in her understanding of the "anxiety cycle", the nature of her triggers and is beginning to utilize some techniques to manage her panic-sensations. She is diligent to complete her weekly journal. She reports that she is hopeful that she will be able to maintain her employment."

Tip #6:

Plan for Next Contact: Document any follow-up that is needed (i.e., homework assigned, follow-through on referrals, etc.). Document if the client will be returning and what is planned (specific activity) for next session. Example: "Client will continue to use her Anxiety Journal and we will review it at next session. She agrees to use the two grounding techniques we practiced today once per day until we meet again. Client will return in two weeks. We will discuss a possible referral for medication services next time."

Keep watching each week for more TIPS!

SOBER LIVING NAMES CHOSEN

The names for the Men's and Women's Sober Living facilities have been selected. Much thanks to everyone who submitted names for review. There were many options on the list and after considering all of them, the following have been chosen:

Mark's Place for the men's facility named after Mark Farmer who was a Physician Assistant here and who

passed away just over a year ago.

Carly's House for the women's facility named after Carly Reimer who was a Psychiatric Nurse Practitioner here at Centennial and who passed away in 2014.

The naming of the homes in honor and recognition of Mark and Carly, helps us to remember them and their dedication to assisting others struggling with addiction and mental illness and to inspire us to continue on with the work that they were both so passionate about.

FORT MORGAN GARDEN



We are well into the growing season at our community garden!! We are harvesting zucchini, cucumbers, tomatoes, beans, eggplant and more. Some vegetables from the boxes adopted by the Centennial Journey program are being distributed to Journey clients. We have several boxes adopted by community agencies and those veggies will be distributed to others who are in need of food in the community. We still have much work to do on the development and structure of the garden but we certainly have a great start!! Several staff have a green thumb. Julie Spradlin, Coleen Thompson, Rikki Quintero and others have been leading the way with tending to the hard work like weeding, shoveling mulch and dirt, and watering, etc. Because it is an outdoor activity we have been able to take clients into the garden area to observe and at times help out. Funding for the Fort Morgan Garden was provided by the Colorado Garden Foundation.

