



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

CUSTOMER SERVICE WEEK

October 5 - October 9, 2020

- 1. Simply Smile:** A smile has great power to boost your mood and lift the spirit of others.
- 2. Breathe Deeply:** Relieve tension quickly by taking five slow deep breaths. Then tackle the next task feeling calm and relaxed.
- 3. Have a Laugh:** Keep up your good humor by watching upbeat movies and sharing a joke with others.
- 4. Get Moving:** Do a few stretches or take a short walk, and try some exercise every day to keep the stress away.
- 5. Reward Yourself:** Devote sometime each day to a hobby, listening to music, reading, or some other activity that you look forward to.
- 6. Pay it Forward:** Do something nice for someone.
- 7. Rest Easy:** Get plenty of sleep each night to recharge your battery.
- 8. Count Your Blessings:** Keep things in perspective and focus on the good things in your life.
- 9. Feel Proud:** Take pride in your work and know that you can make a difference.
- 10. Show the Way:** Be a role model for others by demonstrating a positive attitude. Your enthusiasm will spread, brightening everyone's day.

Challenge your Co-Workers and see if you can come up with other awesome ways to provide great Customer Service to our Clients!

SEPTEMBER NEW HIRES



MARCELA CARO-CARDENAS
Office Assistant
Fort Morgan



TRUDIE LITTLEFIELD
Admin Coordinator
Business office



ANGELICA MENDOZA
Office Assistant
Fort Morgan



GARY PARKER
Maintenance
Elizabeth

WELCOME! - WE ARE GLAD YOU ARE HERE!

OCTOBER ANNIVERSARIES



10 YEARS
BONNIE FISHER



7 YEARS
TIFFANY WIDOE



6 YEARS
SHARON MURRAY



4 YEARS
MIKE SCHOENCKER



4 YEARS
MARY CROSS



3 YEARS
JACKIE BARTON



3 YEARS
LINDSAY MAYS



2 YEARS
LISA BELDEN



1 YEAR
MARTIN BAKER



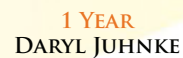
1 YEAR
SHAYLYN BURKHOLDER



1 YEAR
EDIN KULOSMAN



1 YEAR
CHAN MACDONALD



1 YEAR
DARYL JUHNKE



1 YEAR
SANDRA JUHNKE

THANK YOU

to everyone for all your years of service and for continuing to move lives forward!

*Make somebody's day
...because why not*