



# THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

*Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being*

## SCHOOL-BASED TELEHEALTH LAUNCHED

## BLACK HISTORY TIDBITS



**Kacey Sliger**

School Based Therapist



**Ashley Roberts**

School Based Therapist

Driven by innovative collaboration this past year, Centennial successfully launched the School-Based Telehealth Counseling Program in partnership with nine rural school districts throughout our region to expand access to behavioral health counseling services to students and their families. Our guiding vision is to provide quality, comprehensive behavioral health care to the youth in our community while reducing the barriers experienced by families in rural areas due to work schedules, transportation and other factors that limit their ability to meet in our community-based offices. The program goals are to: 1) enhance student learning and emotional well-being, 2) improve access to care and additional behavioral health resources/services, 3) decrease stigma for youth and families engaging in

behavioral health services, and 4) collaborate with the school community to build support around each student's needs. Our school-based, tele-behavioral health providers work closely with students and their families to develop a treatment plan tailored to the student's needs including a combination of Individual therapy, Group therapy, Family therapy and access to additional Centennial services.

The School-Based Mental Health Program is built on a robust foundation of prevention and outreach services that will serve as a direct link between our regional schools with the School-Based Telehealth Counseling program. The School-Based Mental Health Program maintains and develops relationships with school districts across our ten counties providing prevention activities. The development of the School-Based Telehealth Counseling program rounds out the services to our regional schools by providing the full spectrum of care to creating greater access to much needed behavioral health intervention services.

Each Briefing this month we've shared different items that individuals wanted to point out about Black History. So many notable people could be discussed with all of their accomplishments, things to be remembered by and things to be celebrated. Below are a few more!

### Shining a Light on Childhood Education

We're honoring those who have worked so hard to make the world a better place by shining a light on Black leaders who have made a significant impact in the world of early childhood education.

[Click here to Learn about Black Leaders](#)

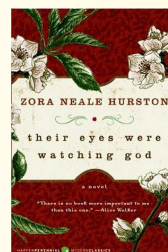
### Movie coming soon!!

Regina King, well known actress and Oscar winner will do a biopic about Shirley Chisholm in a movie called "Shirley." Shirley Chisholm was the first black women elected to serve in the US congress. She represented the 12th district of New York. During 1972 she earned her party's nomination to run for the Presidency but did not succeed. Her determination was an inspiration to many, with the hope of inspiring many other generations to come."

[The movie will be out later this year, stay tuned!](#)

### Monthly Book Recommendation

Their Eyes Were Watching God by Zora Neale Hurston, 1937. It is a classic of the Harlem Renaissance Movement (1920s and 30s) in literature. It really speaks to how while men of color were under the power of whites, that women of color were not only under the power of white people but also subjected under the control of their own men of color as well. It illustrates that intersectionality of being and experience is different even amongst men and women of the same race and ethnic background.



**Please look forward to additional items in the future as our Cultural Diversity committee will be highlighting more about all cultures!**