



## INTEGRATED SERVICES

### PROGRAM MISSION

Our mission for the Integrated Services Program is to partner with rural health clinics and primary care practices throughout our region to form collaborative care teams of primary care providers and behavioral health professionals to provide patient-centered, whole healthcare to residents of our frontier communities in Colorado. Through the use of this systematic and cost-effective approach, our vision is to reduce barriers to accessing behavioral health care; while, increasing patient engagement focusing on mental wellness, substance use disorders, chronic health management, stress related physical symptoms, life stressors and crises.

### PROGRAM GOALS

- Improved access to care
- Decreased stigma engaging in behavioral health services.
- Integrated, individualized care plan
- Increased adherence to treatment
- Decreased use of emergency services
- Increase in Behavioral Health and Medical provider collaboration



## THE PROBLEM

Individuals with serious mental illness are dying approximately 25 years earlier than the general population.

*People with mental illness die earlier than the general population and have more co-occurring health conditions.*

**68%** Of adults with a mental illness have one or more chronic physical conditions.

More than **1 IN 5** adults with mental illness have a co-occurring substance use disorder.

## THE SOLUTION

A 2010 report found that people with a combined mental health and substance use disorder are at greatest risk-average age of death is 45.

*The solution lies in integrated care - the coordination of mental health, substance abuse, and primary care services.*

*Integrated care produces the best outcomes and is the most effective approach in caring for people with complex healthcare needs.*

**\*\*Statistics from SAMHSA**

PRIMARY  
CARE

MENTAL  
HEALTH

SUBSTANCE  
USE

Above stats from Malek, S, Norris, D., 2008 Milliman Research Report, "Chronic conditions and Psychological Disorders".

### FOR MORE INFORMATION CONTACT:

**Anne Hellstrom, M.S.Ed., LPC**  
**Integrated Services Director**

650 E Walnut

Elizabeth, CO 80107

Phone (303) 520-8406

[anneh@centennialmhc.org](mailto:anneh@centennialmhc.org)

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