



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

WEEK OF THE YOUNG CHILD

A big thank you to those of you the participated in the Early Childhood Team's "Week of the Young Child" activities!



RAMADAN CELEBRATED ALL MONTH

Ramadan is a holiday that began April 12 and goes until May 21. Muslims observe the month of Ramadan, to mark that Allah, or God, gave the first chapters of the Quran to the Prophet Muhammad in 610, according to the Times of India. During Ramadan, Muslims fast, abstain from pleasures and pray to become closer to God. It is also a time for families to gather and celebrate.



GRAB A CABLE SAVE A LIFE!

In the upcoming weeks, Andie La Combe of our Prevention Team will be dropping off firearm cable locks to our Office Coordinators at all of our CMHC offices; these free cable locks from Rocky Mountain MIRECC are intended to be given to clients, community members, and other agencies to have and use at their discretion, no questions asked.

Firearm-related suicides have increased in our area in recent months and, while safe storage and limiting access to lethal means for suicidal persons is always an important issue, it is particularly salient right now. Providing people with free firearm cable locks also correlates well with the center's involvement in the Zero Suicide Initiative, something CMHC has been a part of for quite some time now. Zero Suicide is a system-wide framework for behavioral health systems to improve the safety of clients and reduce the number of system errors that impede suicide care.



Contact Andie at AndieL@CentennialMHC.org if you have any questions.

APRIL ANNIVERSARIES



14 YEARS
NICOLE
HERRERA



7 YEARS
JAMI
BRECHT



6 YEARS
PHIL
VILLARREAL



6 YEARS
DIANE
VAN DER WEGE



4 YEARS
KRISTI
GROTHE



4 YEARS
PHIL
MOSS



4 YEARS
JACOB
REYES



3 YEARS
KIM
COOPER



3 YEARS
SHEILA
ROBINSON



2 YEARS
CAROL
NYE



2 YEARS
ESTHER
CAMACHO



1 YEAR
CINDY
AUDIA



1 YEAR
TRINA
KONECNE

THANK YOU
to everyone for all your years
of service and for continuing
to move lives forward!



1 YEAR
RHIANNA
ROUNTREE

MARCH NEW HIRES



KEVIN
FREEMAN
Accounting Specialist
Business Office



BRIANA
GAUVIN
Emergency Response
Sterling



ELIJAH
ZOUCHA
Mentor
Sterling

WELCOME
We are glad you are here!

WELCOME FAMILY NAVIGATORS

Centennial Mental Health Center recently received funding to purchase a variety of items for children ages 0-8. If you or someone you know could benefit from these items, Centennial's Family Navigators are here to help connect individuals to these resources:

- Food
- Clothing
- Books
- Blankets
- Diapers/wipes
- Hygiene or Oral care items
- Cribs/beds/bedding
- Car/booster seats
- Bottles/Bottle Warmers
- Personal Protective Equipment
- Sensory or Social Emotional Items

Centennial's Family Navigators are also available to provide connection to additional resources within our communities, as well as review additional items for purchase upon request.

Please contact 970-370-1318 for more information.
**Individuals do not have to be clients of the center*