THE CENTENNIAL BRIEFING



Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

WE THE PROFESSIONALS

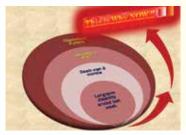
This information from Dr. Freda is intended to help guide the content in clinical notes and in communications with med providers. Please feel free to contact him with questions as he would welcome further discussion!

Part 8: The patient comes to us now:

- With headaches, irritability, sadness, alcohol (DUI), ~
 marital strife. Why are you seeking help now?
- Increased pain, self-isolating. For how long now? Why are you seeking help now?
- Never seen a shrink before. My meds are no longer working.
- Since when? What does "no longer working" mean to you?
- Still angry, my GP referred me to you. But still, why did your doctor refer you to me now?
- Well I've always been a nervous guy. And my meds are no longer working. Since when? Why is that a reason for you to seek help with us now?
- Well I stopped my meds, all of them. When? Why did you decide to stop your meds, and why then?
 - How long were you on them before stopping them?
 - How long now have you been back on them?

"WellIIII....I was waiting for an extension of my long term disability and I thought it would happen soon. So I thought I wouldn't

need my meds anymore and I stopped them a couple of months ago. For a while I did ok. But then last month the extension was denied. This devastated me and so I thought I'd better get back on them. But it's not working out well." (That's why now.)



JULY & AUGUST ANNIVERSARIES



35 YEARS SPENCER GREEN



32 YEARS BRENDA WILDRICK



25 YEARS
GINA
DARDANES



22 YEARS TIFFANY NICHOLS



20 YEARS LIZ HICKMAN



15 YEARS SHEILA COUCH



15 YEARS ARLENE WEIMER



14 YEARS PATRICIA PAYNE



12 YEARS ABBI GARCIA



10 YEARS TROY PENNER



7 YEARS WARREN FENN



7 YEARS JON PEREZ



6 YEARS LEEANN SCHROEDER



6 YEARS BOB VADNAL



S YEARS BONNIE HOLZSCHUH



MARTY LUMAN



4 YEARS Jamie Mondragon



4 YEARS KE-ANNA MYERS



4 YEARS AMY NATION



3 YEAR DONNA HOLLAND

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WELCOME



DIANA RIOS



2 YEARS

LEAH

BROWN

2 YEARS AMANDA **DIXON**



ROBERT RIEB



3 YEARS BRITT LUMPKIN



FRAN **NELSON**



2 YEARS PHIL **SPAULDING**



CAROLYNN WALLER OA Sterling



Amelia Bumgarner Young Regional Clinical Director



KARLA RENTERIA Accounting Specialist Business Office



Central Region



ABBY DAVIDSON Office Clerk **Business Office**



2 YEARS **TASHA FISHER**



2 YEARS KEYNA SCHLUP



2 YEARS

MCKENNA

JOOSTEN

2 YEARS SHARON GREENMAN



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MELISSA BAEZ MHP 1 Sterling



KATIE BOEHM MHP 2 Elizabeth



STACY BROWN Accounting Clerk Business Office



2 YEARS **DUSTIN** WADE



1 YEAR **DEVON EMMANUEL**



1 YEAR **MIKAYLA** MILLER



1 YEAR **KIAHLEI** YASTE



NOEY LOPEZ Cyber Security Analyst Business Office



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SYDNEY MARLER HR Clerk **Business Office**



1 YEAR RANDY **DANIELSEN**



1 YEAR LISA **SILVIUS**



1 YEAR ZOEY **THOMPSON**

THANK YOU to everyone for all your years of service and for continuing to move lives forward!



1 YEAR **IAMIE** WEBER



JOHN MERCER Peer Specialist Sterling



KEO RAMIREZ Admin Coordinator **Business Office**



1 YEAR **AMY** WEINISCHKE