



# THE CENTENNIAL BRIEFING



CHEYENNE • ELBERT • KIT CARSON • LINCOLN • LOGAN • MORGAN • PHILLIPS • SEDGWICK • WASHINGTON • YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

## WE THE PROFESSIONALS

## JULY & AUGUST ANNIVERSARIES

This information from Dr. Freda is intended to help guide the content in clinical notes and in communications with med providers. Please feel free to contact him with questions as he would welcome further discussion!



### Part 8:

### The patient comes to us now:

- With headaches, irritability, sadness, alcohol (DUI), ~ marital strife. – **Why are you seeking help now?**
- Increased pain, self-isolating. – **For how long now? Why are you seeking help now?**
- Never seen a shrink before. My meds are no longer working. – **Since when? What does “no longer working” mean to you?**
- Still angry, my GP referred me to you. – **But still, why did your doctor refer you to me now?**
- Well I’ve always been a nervous guy. And my meds are no longer working. – **Since when? Why is that a reason for you to seek help with us now?**
- Well I stopped my meds, all of them. – **When? Why did you decide to stop your meds, and why then?**
  - How long were you on them before stopping them?
  - How long now have you been back on them?

“Welllllll . . . I was waiting for an extension of my long term disability and I thought it would happen soon. So I thought I wouldn’t need my meds anymore and I stopped them a couple of months ago. For a while I did ok. But then last month the extension was denied. This devastated me and so I thought I’d better get back on them. But it’s not working out well.” (That’s why now.)



35 YEARS  
SPENCER  
GREEN



32 YEARS  
BRENDA  
WIDRICK



25 YEARS  
GINA  
DARDANES



22 YEARS  
TIFFANY  
NICHOLS



20 YEARS  
LIZ  
HICKMAN



15 YEARS  
SHEILA  
COUCH



15 YEARS  
ARLENE  
WEIMER



14 YEARS  
PATRICIA  
PAYNE



12 YEARS  
ABBI  
GARCIA



10 YEARS  
TROY  
PENNER



7 YEARS  
WARREN  
FENN



7 YEARS  
JON  
PEREZ



6 YEARS  
LEEANN  
SCHROEDER



6 YEARS  
BOB  
VADNAL



5 YEARS  
BONNIE  
HOLZSCHUH



5 YEARS  
MARTY  
LUMAN



4 YEARS  
JAMIE  
MONDRAGON



4 YEARS  
KE-ANNA  
MYERS



4 YEARS  
AMY  
NATION



3 YEAR  
DONNA  
HOLLAND

## JULY & AUGUST ANNIVERSARIES

## JUNE & JULY NEW HIRES



3 YEARS  
DIANA  
RIOS



3 YEARS  
ROBERT  
RIEB



3 YEARS  
BRITT  
LUMPKIN



3 YEARS  
FRAN  
NELSON



2 YEARS  
AMANDA  
DIXON



2 YEARS  
LEAH  
BROWN



2 YEARS  
MCKENNA  
JOOSTEN



2 YEARS  
PHIL  
SPAULDING



2 YEARS  
TASHA  
FISHER



2 YEARS  
KEYNA  
SCHLUP



2 YEARS  
SHARON  
GREENMAN



2 YEARS  
ASHLEY  
WEYER



2 YEARS  
DUSTIN  
WADE



1 YEAR  
DEVON  
EMMANUEL



1 YEAR  
MIKAYLA  
MILLER



1 YEAR  
KIAHLEI  
YASTE



1 YEAR  
RANDY  
DANIELSEN



1 YEAR  
LISA  
SILVIUS



1 YEAR  
ZOEY  
THOMPSON



1 YEAR  
JAMIE  
WEBER



1 YEAR  
AMY  
WEINISCHKE

### THANK YOU

to everyone for all your years  
of service and for continuing  
to move lives forward!



AMELIA BLANCHETTE  
Emergency Response  
Fort Morgan

**WELCOME**  
We are glad you  
are here!



KARLA RENTERIA  
Accounting Specialist  
Business Office



AMELIA BUMGARNER  
YOUNG  
Regional Clinical Director  
Central Region



ABBY DAVIDSON  
Office Clerk  
Business Office



CAROLYNN WALLER  
OA  
Sterling



KATIE BOEHM  
MHP 2  
Elizabeth



STACY BROWN  
Accounting Clerk  
Business Office



MELISSA BAEZ  
MHP 1  
Sterling



STACY MAIER  
Housing Navigator  
Sterling



SYDNEY MARLER  
HR Clerk  
Business Office



NOEY LOPEZ  
Cyber Security Analyst  
Business Office



KEO RAMIREZ  
Admin Coordinator  
Business Office



JOHN MERCER  
Peer Specialist  
Sterling