



# THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

## WE THE PROFESSIONALS

## CONGRATS TO STAFF

This information from Dr. Freda is intended to help guide the content in clinical notes and in communications with med providers. Please feel free to contact him with questions as he would welcome further discussion!



### Part 9:

### Why Now? – The most important Premise

#### 1. What's changed? What's different in your life now?

1. I'm tired, no motivation, irritable.

#### 2. When did that change? When did that happen?

1. Internally motivated? Newborn: I need to be a better dad.

2. Externally motivated? DUI.

#### 3. Sequence of events.

1. Which happened last, the birth or the DUI?

2. If not the first DUI or the first child . . .

What makes this DUI or this child anymore special than the last one?

1. Well I have a new job, where I have to drive a lot.

2. Since when?

1. Oh, about a month ago . . . Now I really need to stop drinking!

2. Well, I don't know if this child is mine . . . Now I'm really angry and hurt!



**CHERY BEAUPREZ**  
obtained her MFT!

**KARL INGRAM**  
obtained his LCSW!



**SORAYA TAYLOR**  
obtained her MSW!



**CONGRATULATIONS TO  
ALL OF YOU FOR YOUR HARD WORK!**

## BUSINESS OF THE WEEK



Recently the Sterling Clinic was recognized as the Chamber Business of the week. Pictured left to right is Ally Kvachkoff (OC in Sterling), Liz Hickman (Executive Director), Glenna Phelps (Aurich Executive Director of the Logan County Chamber) and Jim Kuemmerle (Northeast Regional Clinical Director).



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**Check out how  
much the Sober  
Living garden  
has grown!**

## KUDOS TO STAFF

Kudos from Dr. Freda-

To Luz Fiero and Bonnie Fisher for outstanding work assisting me with difficult patients in Morgan and in Akron:

Luz took the time to persist investigating a patient's actual current meds. This involved OC, his pharmacy, hospital discharge meds, family's involvement in his meds, and my suddenly animated concerns.

Bonnie assisted with transporting an ambulatory-challenged patient to his home 10+ blocks from our office, contacting (more than twice) his PCP's office and arranging same-day appts with them, and spending more time than usual rechecking his VS.

**KEEP UP THE GREAT WORK, LADIES!**

## MEDICATION OPEN DOOR

### TO OPEN THE DOOR TO MEDICATION MANAGEMENT FOR YOUR CLIENTS:

- 1) Complete an internal client referral
  - a) [Click here for Instructions](#)
  - b) Complete questions, with special attention to "why now?" Why now and not 3 months ago? What is driving the client to seek help now? Why is he more depressed/anxious/\_\_\_\_\_?
- 2) Your referral will be processed and support staff will be notified to schedule the appointment
- 3) If the client is in crisis, ERT will request support staff schedule a crisis med check.
  - a) If not ERT, you can review your client's situation with your Regional Clinical Director and they will request support staff schedule a crisis med check.