



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

PROJECT JOY IS RAMPING UP

Centennial is making plans for our Annual Project Joy 2021 Fundraiser. **The goal of our project is to raise \$10,000 in order to provide a happy holiday season and/or to provide emergency seasonal shelter for members in our behavioral health communities** of Cheyenne, Elbert, Kit Carson, Lincoln, Logan, Morgan, Phillips, Sedgwick, Washington and Yuma counties that have limited resources.

All Centennial employees will have the opportunity to raise funds by participating in **"Jeans for Joy"**. Employees can contribute a minimum of \$5.00 every Tuesday by either wearing jeans and/or fun attire. Additionally, staff may also help to brighten the season for individuals and families by making a monetary contribution of their choice.

How do you participate?

1. Contribute a minimum of \$5.00 every Tuesday on the following dates:

November 9th- Wear your favorite Sports Team

November 16th- Color Day:
Wear as many colors as you can!

November 23rd- Wear Flannel/Plaid

November 30th- Wear Tie-Dye

December 7th- Wear Wacky Socks

December 14th- Wear Polka Dots

December 21st- Wear an ugly holiday sweater

**Please consider sending (socially distanced) photos to JaciY@CentennialMHC.org for the Briefing*

If you pay in full by November 9th (\$35.00) enjoy a bonus day free!

***Bonus Day:
January 11th**



Who do you give your contribution to?

1. Please give your contribution to the Office Coordinator or a designee from the ROD in your region.
2. Business Office Staff- Please give your contribution to Jaci Yula, Marketing and Media Coordinator. Her office hours start at 10:00.

How do I wear jeans a seventh day for FREE?

1. Purchase all nine days for a total of \$35 paid in full on or prior to November 9th.
2. You will receive a separate proud participant card designating Tuesday, January 11th as the FREE date to wear jeans.
3. Send your monetary contribution to:
Centennial Mental Health Center, Inc.
Project Joy
211 W. Main St
Sterling, CO 80751
4. Coloradogives.org is now open for scheduled donations for Colorado Gives Day on 12/07/2021:
<https://www.coloradogives.org/index.php?section=organizations&action=newDonation&fwID=27818>

What are the exclusions?

1. Jeans or fun attire cannot be worn for court or other meetings where this attire is not acceptable. If you have questions, please seek approval from your ROD/RCD or Administrative Supervisor.
2. There are no "make up days" if you should miss a Tuesday.

Please share in the excitement and fun during Centennial's 12th year of our "All Centennial" Employee fundraiser.

For ANY questions reach out to Karla Rosas, Nicole Herrera or Jaci Yula.

OCTOBER NEW HIRES

NOVEMBER ANNIVERSARIES



CANDICE ALTIS
HR Clerk
Business Office



ALONDRA ARREOLA-ALDERETE
MHP 1 - Mentor
Fort Morgan



DAVID GELDELT
Medical Preceptor
Elizabeth



23 YEARS
LINDA VALLE



18 YEARS
KIRSTIN SCHELLING



7 YEARS
THOMAS HENSMAN



6 YEARS
ALICIA LOPEZ



CHRIS SPARKS
MHP 2 - Offender Services
Elizabeth

WELCOME
We are glad you
are here!



JOSHUA WARD
MHP 2
Fort Morgan



4 YEARS
TERI KERR



4 YEARS
SORAYA TAYLOR



2 YEAR
CHERYL BILLS



2 YEAR
MICHELLE GOETZ



SPCC- QUARTERLY EDUCATION SESSION

Grief, Grieving and Growing After My Sister's Death by Suicide

Lena Heilmann (she/hers), Ph.D., M.N.M. is this year's American Association of Suicidology's Loss Survivor of the Year. In 2012, Lena lost her sister Danielle to suicide. Feeling her world and identity shattering around her, Lena felt overwhelmed how could she survive the loss of the person who meant most to her in this world? In order to survive this traumatic grief and to honor her sister, Lena turned toward a community of passionate survivors -- survivors of suicide loss, attempts, and despair. In 2019, Lena published a collection of essays written by fellow sibling survivors of suicide loss: Still With Us: Voices of Sibling Suicide Loss Survivors. Lena has also published in a variety of media outlets and spoken on podcasts and at conferences regarding surviving suicide loss. Lena will share how she found a community of survivors that enabled her to survive her own intense grief. Being able to work and volunteer with people who understand suicidal despair empowered her to continue surviving her sister's death, even on her hardest days, and to grieve with an open heart.



November 3
11am-12pm

Zoom Meeting

REGISTER at

[suicidepreventioncolorado.org/
events](https://suicidepreventioncolorado.org/events)



2 YEAR
ASHA KURFESSA



1 YEAR
MONICA ARMIYO



1 YEAR
SEAN JONES



1 YEAR
JIM KUEMMERLE



1 YEAR
ASHLEY ROBERTS

THANK YOU
to everyone for all your years
of service and for continuing
to move lives forward!