



THE CENTENNIAL BRIEFING



CHEYENNE · ELBERT · KIT CARSON · LINCOLN · LOGAN · MORGAN · PHILLIPS · SEDGWICK · WASHINGTON · YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

FEBRUARY IS BLACK HISTORY MONTH

ECS TO OFFER TRAINING SOON

Black History Month wouldn't have been possible without Negro History Week's creation in the United States in 1926. Famous historian Carter G. Woodson and the Association for the Study of Negro Life and History proclaimed the second week of February to be observed as Negro History Week. Since the inception of this event, the main focus was to encourage the teaching of the history of Black Americans in educational institutes, particularly at the primary level. The departments of education of Delaware, North Carolina, and West Virginia were very cooperative. The overall reception was lukewarm, but Woodson considered it a success and "one of the most fortunate steps ever taken by the Association."

In February 1969, the idea for Black History Month was promoted by Black students and educators at Kent State University, followed by the first celebration of Black History Month on campus and local surroundings one year later. Fast forward six years and Black History Month was widely being celebrated across the country, and not only in schools, colleges, and community centers. In 1976, President Gerald Ford praised Black History Month, urging all citizens to "seize the opportunity to honor the too-often neglected accomplishments of Black Americans in every area of endeavor throughout our history."

The creation of Black History Month also led to some controversy. Celebrating Black history for one month seemed too confining, with many labeling it downright inappropriate. Another concern was that Black History Month would glamorize the delicate subject and lead to Black historical figures being simplified as heroes.

BLACK HISTORY MONTH TIMELINE

February 12, 1909
NAACP Founded

The National Association for the Advancement of Colored People is founded.

1926

Negro History Week Established

The precursor to Black History Month is started by historian Carter G. Woodson, the "Father of Black History."

February 1970

The Month First Observed

Proposed by Black educators and students at Kent State University in 1969, the first Black History Month observance takes place one year later.

February 10, 1976

BHM Gets Presidential Endorsement

Gerald Ford urges Americans to honor the U.S. Bicentennial by also celebrating Black History Month.



Erin Pounds and Shannon Parker, both of the Early Childhood Team took the Seedlings training offered by DU and the Office of Early Childhood. This training enables Erin and Shannon to offer a 12 week course to inform mom's with infants about the science about toxic stress and how it effects the brain and the multigenerational effects of toxic stress. In addition, how to identify and provide tools for one's self to help with the continued multi-generational toxic stress. Be on the look out for offerings coming soon!

Erin completed the training 08/2021 and Shannon completed the training 01/2022.

Congratulations to both of you!

Benefits

You can get healthy food!

N
NORTH EAST
HEALTH PARTNERS, LLC

Learn more about NHP <https://www.northeasthealthpartners.org/>

What is SNAP?

The Supplemental Nutrition Assistance Program (SNAP) gives people money to buy food for their self or their family. The money is put on an EBT card. The EBT card looks and works just like a debit card. Children on SNAP automatically qualify for free school meals and more funds when school is not in session.

What is WIC?

WIC stands for Women, Infants and Children. There is a special SNAP program which provides money so pregnant, postpartum, and breastfeeding women, infants and children up to five (5) years old can buy healthy food. WIC also gives information on healthy eating.

How do I apply for WIC?

Your family may be eligible for all the great benefits Colorado WIC provides. To become a WIC Client, start your application online at coloradowic.gov or find a WIC office near you to schedule an appointment. Call Northeast Health Partners at 1-888-502-4189 if you would like help finding a WIC office near you.

Did you know?

If you are a Health First Colorado (Colorado's Medicaid Program) member, you may be eligible for SNAP or WIC.

How do I find out if I can get SNAP benefits?

There are three (3) ways you can see if you are eligible for SNAP benefits. You can:

- Visit your local Department of Human Services and update your application.
- Create an account at <https://peak-coloradopeak.force.com/> and apply for food assistance online.
- You can also apply through the MyCOBenefits App on your phone.

WOMEN, INFANTS, & CHILDREN

Many people receive SNAP and WIC. They are able to buy healthy food, get nutritional information and breastfeeding support.

I need help with the application

If you would like help with a SNAP or WIC application, you can call Northeast Health Partners and someone will help you. Northeast Health Partner's phone number is 1-888-502-4189. This is a free call.

Health First
COLORADO
Colorado's Medicaid Program