# THE CENTENNIAL BRIEFING



Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

### SURVEY REQUEST FOR MEN

Guys in eastern Colorado are needed to take a short online survey for a project that is exploring how people in eastern Colorado experience (or don't) loneliness, strategies to cope during tough times, and social supports.

If you know some guys (a brother, uncle, coworker, customer, teammate, friend,...) please share this request. If you are a guy, please take the survey! We just them to be age 18-89 and live in northeast Colorado.

English: https://redcap.link/TLC Spanish: https://redcap.link/tlc\_spanish

Results will help provide information needed to guide program and resource development and support requests for funding, which we aim to do with you.

For additional questions contact Maranda Miller.

## **BLACK HISTORY MONTH**

As the world moves toward a more inclusive and equitable social trajectory, there is a greater understanding that Black history should not be relegated to the month of February. However this link will share in the amplification of Black contributors to early education this month and beyond. The site has highlighted notable Black children's singers, content creators, educators, and children's book authors that everyone can rely on!

Click here to see a list of Black educators contributing to early childhood education!

## NAVIGATOR RESOURCES



#### **NAVIGATOR TEAM**

Plans, coordinates and implements specialized services to individuals, within a culturally diverse and inclusive framework, in order to enhance better health and well-being.

#### Our Navigator Team can:

• Provide active outreach, family and community engagement to foster the wellbeing of adults, older adults, children, parents, and caregivers

- Coordinate care, assist in referral to agency programs and services, as well as outside community resources and social supports
- Provide information and connection to community resources and public benefits

For more information in regards to the program or access to a referral form contact 970-370-1318.

"This program is for all individuals within Cheyenne, Elbert, Kit Carson, Lincoln, Logan, Morgan, Phillips, Sedgwick, Washington, and Yuma Counties \*\*