



THE CENTENNIAL BRIEFING



CHEYENNE • ELBERT • KIT CARSON • LINCOLN • LOGAN • MORGAN • PHILLIPS • SEDGWICK • WASHINGTON • YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

JOURNEY CORNER

MENU

August 22nd – 26th

MONDAY

Grilled Chicken Avocado Salad

TUESDAY

Nachos

WEDNESDAY

Sandwiches W/ Chips

THURSDAY

Siroganoff W/ Roll

FRIDAY

Country Breakfast Skillet W/ Biscuits



ANIMAL ASSISTED THERAPY IN FORT MORGAN



Pictured is Dook and Shayla Honebein after they completed the Professional Therapy Dogs of Colorado training and workshop. He will be in the Fort Morgan office with her on Mondays and Tuesdays for animal assisted interventions in therapy. Anyone in the area is welcome to stop by and say hi or learn more about utilizing animals in therapy.

STAFF SHOUTOUT

Jo Thiede - You have cleared Hero qualifications, by gum, by golly! Your responsibilities have, therefore and thereby, expanded logarithmically, per 1993 Code 592.a.II Section titled "Beee-UP!" Accordingly you are now Chairperson of the Heroism Subcommittee,

Portion 58.c/I, effective, non-voided, and pluperfected c. March 1993; Forthwith, Herewith, in Witness thereof, my Impri-matur:

Congratulations, don't wallow, don't rest. Heroes fly about constantly, so enjoy! ~ Paul Freda, M.D.

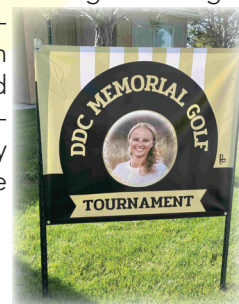


PREVENTION IN THE COMMUNITY



The prevention team completed Sources of Strength training at Prairie Schools this last week to start out the school year right .

Denise Dennington-Calkins was an employee at Northeastern Junior College that tragically lost her life recently. A memorial golf tournament was put on in her honor, and the prevention team was asked to attend. They provided mental health awareness information as Denise was extremely very passionate about mental health and suicide prevention.



What's happening in Mentoring:

One of the many activities that the Mentoring Program did this summer was taking 8 youth to the Overland Trail Museum for a Scavenger Hunt. It was a fun activity that encouraged learning about history and seeing what an old village may have been hundreds of years ago.

The youth found 12 items (some of which they had never seen), then had snacks and water for a group discussion under the trees. The Mentors group incorporates activities in the community and includes others at the office such as rock painting and playing board games.