PARENTS AND TEACHERS ARE PARTNERS

As we are heading back or just beginning a new chapter in your child’s life, this is a time filled with excitement, dread, and concern. First, as a parent we want to ensure that our child is safe; also we want the best for them. Sending them out into a new experience that you only get third-hand knowledge of is hard. You have to trust some people you don’t even know. How do you allow your child to have wings, and yet make sure they are safe?

First and foremost, you need to build a relationship with the teachers and those caring for your child. Seeing them as a partner and a support system, not only lessens the concerns you may have, it also gives your child the comfort of knowing that you are content with them being at school. Teachers usually are great allies for them as well.

Research shows that close relationships formed in early childhood can impact children’s social-emotional and academic skills. Same research shows that conflictual relationships have a negative impact on the child’s well-being and development. Healthy relationships help children grow into strong individuals who feel like they can conquer the world. When kids have good relationships with adults in their lives, they feel more confident and can face challenges better.

Parents and teachers need to come together as a team, but parents remember that you are the expert of your child. Work in a partnership with your children’s teachers, knowing that you both want the best for your child. When conflicts arise, talk to the teacher. Discuss the concerns, issues, and the situation with the teacher. Leave the child out of the conflict. It is not beneficial for the child to feel like taking sides as that will break away at the relationship the teacher is building. Building a warm, trusting and learning relationship with the teacher has benefits far beyond just this year.
MEET CENTENNIAL’S EARLY CHILDHOOD CONSULTATION TEAM

Amy Nation, MA, IMH-E® Infant Family Specialist

Early Childhood Mental Health Consultant
821 E Railroad Ave
Fort Morgan, CO 80701
Phone (970) 867-4924 Ext.2231
Cell (970) 571-2174
amyn@centennialmhc.org

Ages 0-5
Covers the following counties:
Logan, Morgan

Erin Pounds, MS, IMH-E® Infant Family Specialist

Early Childhood Mental Health Consultant
821 E Railroad Ave
Fort Morgan, CO 80701
Phone (970) 867-4924 Ext.1152
Cell (970) 520-3320
erinp@centennialmhc.org

Ages 0-5
Covers the following counties:
Morgan, Washington & Yuma

Shannon Parker, MA ECE/ECSE IMH-E® Infant Family Specialist

Maternal Mental Health Consultant
211 W Main St
Sterling, CO 80751
Phone (970) 522-4549
Cell (970) 571-5966
shannonp@centennialmhc.org

Ages Prenatal-5
Covers Cheyenne, Elbert, Kit Carson, Lincoln, Logan, Morgan, Phillips, Sedgwick, Washington & Yuma Counties

Shannon Harrell, BA, ECE

Maternal Mental Health Consultant
650 E Walnut
Elizabeth, CO 80107
Phone (303) 646-4451
Cell (970) 571-5966
Shannon.Harrell@centennialmhc.org

Ages 0-5
Covers Elbert, Kit Carson, & Lincoln Counties

Launching Zoom Secure Telehealth Services!

Our ECMH team is excited to announce that consultation services are now available using Zoom Secure Telehealth Services. These services are available to client families, schools, childcare centers and community partners with group and individual meetings available. All services will be provided using this private, secure video platform, and can be accessed using most electronic devices. For more information or to set up a consultation appointment, please contact our ECMH team or your local Centennial Mental Health Center office.

For additional support during the COVID-19 Pandemic you can call Centennial’s Community Support Line. You can do this by calling your nearest Centennial office:
- Akron - 970.345.2254
- Burlington - 719.346.8183
- Cheyenne Wells - 719.346.8183
- Elizabeth - 303.646.4519
- Fort Morgan - 970.867.4924
- Holyoke - 970.854.2114
- Julesburg - 970.474.3769
- Limon - 719.775.2313
- Sterling - 970.522.4392
- Wray - 970.332.3133
- Yuma - 970.848.6412

WWW.CENTENNIALMHC.ORG
Centennial is an equal opportunity provider and employer.

Centennial Mental Health Center es un proveedor y una empresa de igualdad de oportunidades.