# THE CENTENNIAL BRIEFING



Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

### **JOURNEY CORNER**



Recently some Sterling staff attended the Our Navigator team, Tami Whited and the parade. There was a great turn out Fair at MCC recently. and they were able to pass out green ducks that stated

"Stop the Stigma." Jackie Barton was the Queen Corn in



the parade!

MENU

MONDAY Pizza Hot Dish W/ Garlic Knots

TUESDAY Chicken Tacos W/ Chips and Salsa

**WEDNESDAY** Ham Sandwiches W/ chips

THURSDAY Breakfast sandwiches W/ Hash browns

**FRIDAY** Hamburger Casserole

## NAVIGATORS IN THE COMMUNITY

Haxtun Corn Festival and walked through Cheri Teigen attended the Mental Health



#### FOOD DRIVE IN STERLING



Non-Perishable

All Donations go to **Coorperative Ministries** 

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