



THE CENTENNIAL BRIEFING



CHEYENNE • ELBERT • KIT CARSON • LINCOLN • LOGAN • MORGAN • PHILLIPS • SEDGWICK • WASHINGTON • YUMA

Our mission is to achieve excellence in the provision of behavioral health services that lead to optimal health and well being

JOURNEY CORNER

MENU

OCTOBER 11th - OCTOBER 14th

MONDAY
Chicken w/ Vegetables

TUESDAY
Taco Potatoes

WEDNESDAY
Pigs in a Blanket W/ Chips

THURSDAY
Cheeseburgers W/ Salad

FRIDAY
Big 7 casserole

CONGRATS TO STAFF



Recently, Centennial staff member Shayla Honebein participated in a marathon. She started running a couple years ago. Before that, she hated running. Even in high school she states she couldn't finish a mile. In August of 2021 she signed up for her first 5k and didn't tell anyone because she wasn't sure she would be able to finish it! She started training for the marathon this summer. She set her goal



to finish in 5:45:00 and ended up completing it in 5:22:29. To her recollection, around 300 people signed up for the marathon part. Congratulations Shayla for trusting yourself and going for it! What an accomplishment!

MENTAL HEALTH SUPPORTED EMPLOYMENT

Building Bridges Between Employers and Potential Employees

October is National Disability Employment Awareness Month. And I would like to highlight Centennial's Mental Health Supported Employment (MHSE) team:



Jamie Mondragon
Team Lead
Elbert/Lincoln/
Cheyenne



Pedro Jimenez
Logan/Phillips/
Sedgewick



Lisa Silvius
Morgan/Washington/
Yuma/Kit Carson

Centennial's MHSE program enhances employment opportunities for individuals with severe and persistent mental illness or person in recovery. The MHSE program follows the Individualized Placement and Supports (IPS) Model. IPS is an evidenced based approach used to increase competitive employment for individuals diagnosed with Serious Mental Illness. IPS services are an integral component of the client recovery model aimed to help clients through a rapid job search approach to help individuals obtain jobs directly rather than providing lengthy pre-employment assessments, training and counseling.

The eight practice principles of IPS Supported Employment include:

1. Competitive Employment
2. IPS Supported Employment is integrated with treatment

FOOD drive

Sept 26-Oct 17

Non-Perishable

All Donations go to
Cooperative Ministries

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3. Zero Exclusion: Eligibility is based on client choice
4. Attention to client preference
5. Benefits counseling regarding their benefits while working
6. Rapid job search
7. Systemic job development
8. Time-unlimited supports

In FY 21/22, Centennial's MHSE team assisted 101 clients with job exploration, job development, resume building, benefits counseling and on-going supportive services. Of the 101 clients served 16 were able to maintain successful employment. Here are a couple of success stories from the past year:

Lisa began working with a Client in the Supported Employment in the fall of 2021. When she initially met with the Client he was quiet and withdrawn. The Client had not worked since 2020. The Client graduated from College with a Bachelor's degree in Computer Science in 2018 and had a desire to find a job where he could utilize his education. The Client let Lisa know that his anxiety often times was a hindrance when it came to looking for a job. For this Client, the thought of having to interview filled him with anxiety. The Client was ready and willing to work on interviewing skills, so Lisa set up mock interviews for this Client. The Client interviewed with Lisa's Supervisor as well as the Director of the Centennial IT Department. The Client did very well with both of these interviews.

After a few months of searching and applying to jobs, the Client got an interview with the Ft. Morgan School District. Initially, the Client was hesitant to apply for this position. The Client didn't think he had a chance, as he did not have the work experience. Lisa encouraged Client to go to the interview anyway, as it would be good experience to practice the interview skills they had been working on. The Client attended the interview and was offered an Administrator Server position. Through employment, the Client gained self-esteem and confidence. A couple months after being hired, the Client informed Lisa that he was given a pay raise and is now part of the hiring team. The Client now attends interviews and helps to decide who is hired. The Client is proud to have made it to the, "Other side of the table".

One of Jamie's Client's would only consider working a remote position when she began the Supported Employment program. The Client did not think she would be successful working outside of her home, as she felt that most jobs would not allow her to attend her children's after school activities. After a few months of applying to work from home positions with no success, the Client agreed to look into other options. The Client and Jamie had many discussions about the Client's interests and skill set, and agreed that substitute teaching would be a great match for the Client. The Client was able to get certified for substitute teaching in a school district near her home right away. The Client was added to the list of available substitute teachers in the district, and began substitute teaching immediately. The Client has been scheduled to substitute every week since she began working. With the services provided by Supported Employment and DVR, the Client was able to get assistance with purchasing professional clothing to wear to work. During her time spent at the various schools, the Client began working with other school programs as well. The Client was asked to be an Assistant coach for the football and basketball teams for the school. The Client is thrilled to be able to attend all of her children's school activities, as well as make a living doing something she truly

Pedro began working with a Client at a time that the Client was homeless and working part time as maintenance for a local rest stop. The Client had a goal of finding better and more consistent employment. Through some collaborative efforts within Centennial Mental Health's housing and ACT program, Pedro was able to assist the client in obtaining a maintenance position at McDonalds. The Client was also able to move into a home that the ACT program assisted client in paying the first month's rent. The difficulties did not quite end there as client was told to provide his social security card to their employer to continue working after a month of being employed. The struggle with obtaining this card and the lengthy process that comes with getting it had client once again facing possible eviction and subsequent homelessness. The ACT program assisted client in paying their rent for a couple of months while client looked for employment elsewhere with the help of Pedro.

With the support of Pedro, Housing and ACT programs the client persevered. Pedro was able to assist the Client in finding employment at the Best Western Hotel, in a maintenance position. The client was once again feeling like they had control of their life. Within a couple of weeks the client was promoted to maintenance supervisor and after another couple weeks they were promoted to head of maintenance. To the client's surprise, their employer recognized client's work skills and dedication to maintenance. After the client was promoted, the owner of the hotel offered to assist client in obtaining a vehicle so they would not need to walk a mile to and from work. Through all their barriers and challenges the client obtained the stability they had been searching for. Now the client has a home, a job they love and a positive outlook on life.

SEPTEMBER NEW HIRES



TINA YOUNG RANA
Medical Assistant
Holyoke

WELCOME
We are glad you
are here!



JUSTIN FRANK
Maintenance Worker
Sterling

OCTOBER ANNIVERSARIES



9 YEARS
TIFFANY
ROBERTS



8 YEARS
SHARON
MURRAY



5 YEARS
JACKIE
BARTON



4 YEARS
LISA
BELDEN



3 YEARS
SHAYLYN
BURKHOLDER



2 YEARS
CLAUDIO
BRESENO



2 YEARS
CHER
EBERLY



1 YEAR
ALONDRA
ARREOLA-ALDERETO



1 YEAR
CHRIS SPARKS

THANK YOU
to everyone for all your years
of service and for continuing
to move lives forward!