



Q. What is a Sober Living Home?

A. A Sober Living home is an abstinence-based group living facility in which people in recovery work to support each other in an environment of stability, accountability and responsibility. Residents of the home benefit from the safe and supportive surroundings which facilitates personal growth and the nurturing of a recovery mindset.

Q. How long is the program?

A. Applicants can expect a voluntary 3-6 month stay within the residences. Continued outpatient services may be performed through their local offices as part of a continuum of treatment and support.

Q. How much does it cost?

A. There is a monthly program fee of \$400 a month and participants are invited to create a savings plan with their Case Manager as a part of their plan to transition out of the residence.

Q. Are there other fees?

A. There is an application fee of \$50 and a refundable deposit of \$250. Clients are also responsible for any costs or insurance copays and deductibles related to the outpatient services offered through the program in addition to fees associated with instant, lab, or confirmation drug & alcohol screening services.

Q. What does treatment look like?

A. Clients will be expected to participate in staff-led group sessions and have 1:1 therapy and case management appointments. Frequency of 1:1 appointments will be adjusted as needed on a case by case basis. Experiential sessions will be offered throughout their stay. Clients will be required to participate in an external recovery support groups of their choice.

Q. What will be required of me?

A. Clients are expected to have detoxed before program entrance and to be able to care for themselves with out assistance. Clients will also be expected to participate in randomized drug testing conducted in the home, follow house rules & curfew, attend participant-led house meetings, and seek/maintain employment. Client's are also required to engage in case management & therapeutic services.

Q. Is this a housing program?

A. This is not considered a housing program, transitional housing, detox facility, halfway house, respite/crisis care, or an inpatient psychiatric hospital. The purpose of the sober living environment is to promote a peer-led atmosphere where comradery and community within the homes helps create a well-rounded foundation of support.

Centennial is an equal opportunity provider and employer

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